



Level 2

Award in Dementia
Awareness

(610/3627/4)



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ABOUT NQUAL

NQual provides high-quality vocational and occupational qualifications designed to meet the needs of learners and employers.

At NQual we are committed to certificating current and relevant qualifications that meet the demands of today's ever-changing industries. Our dedication to staying at the forefront of knowledge ensures that our qualifications reflect the latest trends in your field of interest.

QUALIFICATION SPECIFICATION

Qualification Specifications are used to inform and guide centres to deliver the qualification set out within this document. Information within this specification includes a qualification overview, unit breakdowns, assessment guidance and learning outcomes.

Alongside the specification, you will also find a qualification 'Fact Sheet'. These are used as handy tools to provide an overview of the qualifications.

QUALIFICATION INFORMATION

The NQual Level 2 Award in Dementia Awareness is regulated by Ofqual.

- Qualification Number: 610/3627/4

Overview

The NQual Level 2 Award in Dementia Awareness provides a valuable stepping stone for anyone seeking basic knowledge and practical skills to support individuals living with dementia and their families. It can empower individuals in various roles to contribute to a more informed and compassionate approach to dementia care.

This qualification will provide learners with an increased understanding and empathy towards people with dementia, improving their communication and caregiving skills. It will also enhance career prospects in dementia-related fields, giving greater confidence in supporting individuals and families affected by dementia.

This qualification can be completed by people working or aspiring to work in healthcare, social care and other settings supporting people with dementia, volunteers, family members or anyone interested in gaining basic knowledge about dementia.

Entry Requirements

- Minimum age: 16

It is advised that learners should have achieved or be working towards Level 1 in English and Maths or equivalent.

There are no further entry requirements for this qualification.

Progression Opportunities

- Level 2 Certificate in Dementia Care
- Level 2 Diploma in Adult Care
- Level 3 Diploma in Adult Care

Unit Guidance

Learners must achieve all mandatory units. The total credit value for this qualification is 8.

Mandatory Units

Unit Reference	Title	Level	GLH	Credit Value
D/650/9611	Introduction to Dementia	2	16	2
F/650/9612	Communication and Interaction with People with Dementia	2	16	2
H/650/9613	Maintaining Well-being and Safety	2	16	2
J/650/9614	Supporting Families and Carers	2	16	2

Guided Learning Hours

These hours are made up of contact time, guidance or supervision from course tutors, trainers, or training providers. The Guided Learning Hours for this qualification is 64.

Total Qualification Time

This is an estimate of the total length of time it is expected that a learner will typically take to achieve and demonstrate the level of understanding required for the award of this qualification. This includes the Guided Learning Hours and time spent completing independent study.

The Total Qualification Time for this qualification is 80.

Delivery Options

NQal allows qualifications to be delivered both online and face-to-face. Please check the additional requirements with your Centre EQA if delivering qualifications online.

Grading and Assessment

Assessment is used to measure a learner’s skill or knowledge against the standards set in this qualification. This qualification is internally assessed and externally quality assured.

The assessment consists of:

- an internally assessed Portfolio of Evidence and externally quality assured by NQual.

A Portfolio of Evidence can contain:

- Observation Records
- Professional Discussion and/or Q&A records
- Written answers
- PowerPoint Presentations
- Feedback forms
- Reflective Accounts
- Story Boards

Please note this is not an exhaustive list.

Approved Centre

To deliver any NQual qualification, each centre must be approved by NQual and meet the qualification approval criteria. The recognition process requires centres to implement policies and procedures to protect learners when undergoing NQual qualifications.

Approved centres must seek approval for each qualification they wish to offer.

The approval process requires centres to demonstrate that they have the resources, including staff, and processes in place to deliver and assess the qualification.

Once approved to offer this qualification, centres must register learners before any assessment takes place. Centres must follow NQual's procedures for registering learners.

Support From NQual

NQual supports all new and existing approved centres. We respond to all communication within 48 hours and hold regular information webinars. If you would like to book our next webinar, please visit the 'News & Events' section on our website.

Initial Assessment

It is part of the enrolment process by the approved centre to complete an initial assessment. Approved centres must ensure everyone undertaking an NQual qualification complete some form of initial assessment. This will be used to inform the tutor/trainer of current knowledge and understanding.

Reasonable Adjustment

NQual is committed to providing fair and reasonable adjustments for learners to help reduce the effect of a disability or difficulty that places the learners at a disadvantage during an assessment. For more information on Reasonable Adjustments, please see our Reasonable Adjustments and Fair Access Policy.

Responsibilities

Tutor/Trainer

Tutors/ Trainers who deliver NQual qualifications must possess a teaching qualification appropriate for the level they are delivering. Examples of these can include at least one of the following:

- Further and Adult Education Teachers Certificate
- Cert Ed/PGCE/B Ed/M Ed
- PTLLS/CTLLS/DTLLS
- Level 3 Award/4 Certificate/5 Diploma in Education and Training

Examples of evidence for subject knowledge can include:

- Qualification at the same level or above, the qualification you are delivering
- Extensive experience at the same level or above, the qualification you are delivering

Internal Quality Assurer

Centre staff who complete Internal Quality Assurance for NQual qualification must possess or be working towards a relevant qualification. Examples of these can include at least one of the following:

- Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
- Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
- V1 Conduct internal quality assurance of the assessment process
- D34 Internally verify the assessment process

Examples of evidence for subject knowledge must include at least one of the following:

- Qualification at the same level or above, the qualification you are quality assuring
- Extensive experience at the same level or above, the qualification you are quality assuring

MANDATORY UNITS

Unit Breakdown: Level 2 Award in Dementia Awareness

Learners must complete all mandatory units for this qualification.

Unit: Introduction to Dementia

Unit Code: D/650/9611

RQF Level: 2

Learning Outcomes <i>To achieve this unit a learner must be able to:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the meaning of Dementia	1.1 Define the meaning of 'Dementia' 1.2 Describe the types of Dementia 1.3 Explain the difference between dementia and normal patterns of ageing
2. Understand the causes and risk factors of Dementia	2.1 Describe the genetic and environmental risk factors associated with Dementia 2.2 Describe the changes to the brain including protein deposits, when developing Dementia 2.3 Identify potential factors that can decrease the chance of developing Dementia
3. Understand the signs and symptoms of Dementia	3.1 Identify common cognitive changes in someone who has Dementia 3.2 Describe behavioural and emotional changes in someone who has Dementia 3.3 Describe the progression of symptoms across different stages of Dementia

Unit Summary

This unit aims to provide learners with a comprehensive understanding of the concept of dementia. Learners will gain insights into the meaning, impact, causes and challenges associated with dementia, fostering informed caregiving practices.

Unit Guidance

LO1

Types of Dementia: Alzheimer's, Vascular, Lewy Body

LO2

Potential Factors: Healthy lifestyle, healthy diet etc.

LO3

Cognitive Changes: Memory loss, confusion, difficulty problem-solving etc.

Emotional Changes: Anxiety, depression, apathy etc.

Assessment Requirements

Portfolio evidence can include, but is not limited to:

- Assignments
- Reflection
- Evaluation
- Real-life case studies to demonstrate understanding and application of concepts

Unit: Communication and Interaction with People with Dementia

Unit Code: F/650/9612

RQF Level: 2

Learning Outcomes <i>To achieve this unit a learner must be able to:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand communication challenges in Dementia	1.1 Describe the impact of Dementia on various cognitive Functions that affect communication 1.2 Identify common communication difficulties people with Dementia may face 1.3 Describe factors influencing communication, such as dementia, personality and environment.
2. Understand the principles of effective communication	2.1 Describe the importance of the below areas in relation to successful interaction: <ul style="list-style-type: none"> • Patience • Empathy • Active listening 2.2 Explain the importance of clear, concise, and simple language with minimal jargon 2.3 Describe the importance of non-verbal communication strategies 2.4 Identify the use of visual aids and alternative communication tools to support understanding when communicating with people with Dementia
3. Understand how to create a supportive communication environment and build positive relationships	3.1 Explain the environmental factors that can affect communication 3.2 Describe how to identify individual communication preferences 3.3 Describe the importance of allowing sufficient time for processing and response 3.4 Describe the importance of respecting individual choices regarding communication and relationships

Unit Summary

This unit equips learners with the fundamental skills and knowledge to effectively communicate and interact with individuals living with dementia. Emphasis is placed on understanding the challenges, adopting appropriate strategies, and fostering positive connections.

Unit Guidance

LO1

Cognitive Functions: Memory, language, processing speed etc.

Communication Difficulties: Expressing thoughts clearly, understanding questions, finding words

LO2

Non-Verbal Communication: Gestures, facial expressions, body language

Environmental Factors: Background noise, adequate lighting, comfortable seating

Assessment Requirements

Portfolio evidence can include, but is not limited to:

- Assignments
- Reflection
- Evaluation
- Real-life case studies to demonstrate understanding and application of concepts

Unit: Maintaining Well-Being and Safety

Unit Code: H/650/9613

RQF Level: 2

Learning Outcomes <i>To achieve this unit a learner must be able to:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
<p>1. Understanding the needs of people with Dementia</p>	<p>1.1 Describe the physical, emotional and social needs of individuals at different stages of Dementia</p> <p>1.2 Explain the potential changes to well-being including:</p> <ul style="list-style-type: none"> • Anxiety • Depression • Isolation • Physical decline <p>1.3 Identify the risk factors for safety concerns and describe ways to reduce these risks</p>
<p>2. Understand how to promote physical and emotional well-being</p>	<p>2.1 Explain the importance of maintaining a healthy diet, regular exercise and adequate sleep for people with Dementia</p> <p>2.2 Describe activities for adapting daily activities and routines to promote fitness and comfort</p> <p>2.3 Identify resources and support systems for managing physical health conditions</p> <p>2.4 Explain therapeutic interventions to promote emotional well-being</p> <p>2.5 Describe self-care strategies for caregivers to manage stress and maintain their emotional well-being</p>
<p>3. Understand how to ensure safety and security</p>	<p>3.1 Identify potential hazards in the home environment and describe how to implement risk-reduction strategies</p> <p>3.2 Describe wandering prevention and management techniques</p> <p>3.3 Identify medication management strategies and tools to ensure safe and appropriate medication use</p>

Unit Summary

This unit focuses on crucial strategies for promoting and ensuring the well-being and safety of individuals living with dementia. It will equip learners with knowledge and skills to create a supportive environment and address potential challenges.

Unit Guidance

LO1

Different Stages: Early, middle and late/ 7 stages of dementia

Risk Factors: Wandering alone, Falls, medication mismanagement

LO2

Physical Health Conditions: Diabetes, heart disease

Therapeutic Interventions: Music therapy, reminiscence therapy

Wandering Prevention: Tracking devices, safe spaces etc.

Assessment Requirements

Portfolio evidence can include, but is not limited to:

- Assignments
- Reflection
- Evaluation
- Real-life case studies to demonstrate understanding and application of concepts

Unit: Supporting Families and Carers

Unit Code: J/650/9614

RQF Level: 2

Learning Outcomes <i>To achieve this unit a learner must be able to:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the impact of dementia on Families and carers	1.1 Describe the emotional, physical, social and financial challenges Faced by Families and carers 1.2 Identify the impact on relationships, daily routines and work-life balance 1.3 Identify potential stressors and risk Factors For carer's burnout and mental health issues
2. Understand how to provide practical support to Families and carers	2.1 Describe how to provide emotional support to Families and carers 2.2 Explain, with examples, resources and support services available in the community For Families and carers 2.3 Identify strategies For assisting with daily tasks, such as: <ul style="list-style-type: none"> • Meal preparation • Transportation • Personal care 2.4 Describe tools and technologies that can aid in caregiving, such as assistive devices and monitoring systems
3. Understand the role of advocating and managing communication with Families and carers	3.1 Explain how to empower Families and carers, to identify their needs and advocate For appropriate services and support 3.2 Identify the legal and ethical considerations in dementia care, including advance directives and power of attorney. 3.3 Describe strategies For navigating healthcare systems and communicating effectively with healthcare professionals 3.4 Describe strategies for managing challenging behaviours and navigating Family dynamics impacted by dementia 3.5 Explain the importance of encouraging open communication to maintain positive relationships with Families and carers

Unit Summary

This unit focuses on the invaluable role of Families and carers in supporting individuals with dementia and the challenges they face. It equips learners with knowledge and skills to provide effective support, navigate available resources, and prioritise their well-being.

Unit Guidance

LO1

Resources and Support Services: Respite care, support groups, financial assistance

Assessment Requirements

Portfolio evidence can include, but is not limited to:

- Assignments
- Reflection
- Evaluation
- Real-life case studies to demonstrate understanding and application of concepts



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