



Level 3

Diploma in Beauty Therapy

(610/4355/2)

nqual.

SPECIFICATION
PACK

CONTENTS

About NQual	3
Qualification Specification	3
Qualification Information	3
Overview	3
Entry Requirements	3
Unit Guidance	3
Mandatory Units	4
Optional Units	4
Guided Learning Hours	4
Total Qualification Time	5
Delivery Options	5
Grading and Assessment	5
Approved Centre	5
Support From NQual	6
Initial Assessment	6
Reasonable Adjustment	6
Responsibilities	6
Mandatory Units	8
Health and Safety Practices in the Workplace	8
Anatomy and Physiology for the Face and Body	13
Provide Body Massage Using Advanced Techniques	15
Facial Electrotherapy Treatments	22
Body Electrotherapy Treatments	28
Provide Basic Business Support and Services	33
Professional Development and Personal Well-being	39

Optional Units	40
Nail Art	40
Ear Piercing	46
Threading Services	52
Manual and Spray Tanning	58
Provide Body Massage Using Thermal Therapy Techniques	64
Individual Permanent Lashes	71
Eyebrow and Eyelash Lifting Services	78
Provide Holistic Head, Neck and Shoulder Massage Treatments	85
Intimate Waxing	91
Explore Technological Developments within the Beauty Industry	98
Use Social Media to Promote Services and Products	99
Undertake Freelance Work	101

ABOUT NQUAL

NQual provides high-quality vocational and occupational qualifications designed to meet the needs of learners and employers.

At NQual we are committed to certifying current and relevant qualifications that meet the demands of today's ever-changing industries. Our dedication to staying at the forefront of knowledge ensures that our qualifications reflect the latest trends in your field of interest.

QUALIFICATION SPECIFICATION

Qualification Specifications are used to inform and guide centres to deliver the qualification set out within this document. Information within this specification includes a qualification overview, unit breakdowns, assessment guidance and learning outcomes.

Alongside the specification, you will also find a qualification 'Fact Sheet'. These are used as handy tools to provide an overview of the qualifications.

QUALIFICATION INFORMATION

The NQual Level 3 Diploma in Beauty Therapy is regulated by Ofqual.

- Qualification Number: 610/4355/2

Overview

The NQual Level 3 Diploma in Beauty Therapy is a vocational qualification that equips learners with the skills and knowledge needed for a successful career as a beauty therapist. This diploma builds upon the foundation of a Level 2 qualification or relevant experience in a salon setting.

It will provide learners with the chance to develop theoretical knowledge and gain technical skills in many areas such as, waxing services, manicure, pedicure, lash extension and workplace health, safety and hygiene.

Upon completion of this qualification, learners will be more likely to gain employment opportunities, career progression, and advanced skill in treatment areas. This qualification will support progression within the beauty industry.

This qualification has been mapped to the current National Occupational Standards: www.ukstandards.org.uk/en

Entry Requirements

- Minimum age 16

There are no further entry requirements for this qualification.

Unit Guidance

Learners must achieve all mandatory units and at least 10 credits of optional units. The total credit value for this qualification is 60

Mandatory Units

Learners must achieved all 50 credits of mandatory units.

Unit Reference	Title	Level	GLH	Credit Value
A/651/2850	Health and Safety Practices in the Workplace	2	54	6
T/651/2344	Anatomy and Physiology For the Face and Body	3	72	8
Y/651/2057	Provide Body Massage Using Advanced Techniques	3	81	9
M/651/2081	Facial Electrotherapy Treatments	3	63	7
R/651/2343	Body Electrotherapy Treatments	3	72	8
J/651/2863	Provide Basic Business Support and Services	3	63	7
Y/651/2327	Professional Development and Personal Well-being	3	45	5

Optional Units

Learners must achieve at least 10 credits of optional units.

Unit Reference	Title	Level	GLH	Credit Value
A/651/2067	Nail Art	2	27	3
D/651/2068	Ear Piercing	2	18	2
F/651/2069	Threading Services	2	36	4
K/651/2070	Manual and Spray Tanning	3	27	3
F/651/2310	Provide Body Massage Using Thermal Therapy Techniques	3	63	7
L/651/2071	Individual Permanent Lashes	3	36	4
D/651/3184	Eyebrow and Eyelash Lifting Services	3	36	4
F/651/3185	Provide Holistic Head, Neck and Shoulder Massage Treatments	3	54	6
R/651/2082	Intimate Waxing	3	45	5
T/651/2083	Explore Technological Developments within the Beauty Industry	3	18	2
K/651/2864	Use Social Media to Promote Services and Products	3	18	2
H/651/3186	Undertake Freelance Work	2	27	3

Guided Learning Hours

These hours are made up of contact time, guidance or supervision from course tutors, trainers, or training providers. The Guided Learning Hours for this qualification is 540.

Total Qualification Time

This is an estimate of the total length of time it is expected that a learner will typically take to achieve and demonstrate the level of understanding required for the award of this qualification. This includes the Guided Learning Hours and time spent completing independent study.

The Total Qualification Time for this qualification is 600.

Delivery Options

NQual allows qualifications to be delivered both online and face-to-face. Please check the additional requirements with your Centre EQA if delivering qualifications online.

Grading and Assessment

Assessment is used to measure a learner's skill or knowledge against the standards set in this qualification. This qualification is internally assessed and externally quality assured.

The assessment consists of:

- An internally assessed Portfolio of Evidence and externally quality assured by NQual.

A Portfolio of Evidence can contain:

- Observation Records
- Professional Discussion and/or Q&A records
- Written answers
- PowerPoint Presentations
- Feedback forms
- Worksheets
- Audio/ video recordings
- Images
- Witness Testimony

Please note this is not an exhaustive list.

Learners should have opportunities to practice skills-based criteria and outcomes, outside of their programme delivery.

Observations are favourable to demonstrate skills-based criteria however we also accept other assessment methods to demonstrate the ability to complete services/treatments.

Approved Centre

To deliver any NQual qualification, each centre must be approved by NQual and meet the qualification approval criteria. The recognition process requires centres to implement policies and procedures to protect learners when undergoing NQual qualifications.

Approved centres must seek approval for each qualification they wish to offer.

The approval process requires centres to demonstrate that they have the resources, including staff, and processes in place to deliver and assess the qualification.

Once approved to offer this qualification, centres must register learners before any assessment takes place. Centres must follow NQual's procedures for registering learners.

Support From NQual

NQual support all new and existing approved centres. We respond to all communication within 48 hours and hold regular information webinars. If you would like to book our next webinar, please visit the 'News & Events' section on our website.

Initial Assessment

It is part of the enrolment process by the approved centre to complete an initial assessment. Approved centres must ensure everyone undertaking an NQual qualification complete some form of initial assessment. This will be used to inform the tutor/trainer of current knowledge and understanding.

Reasonable Adjustment

NQual is committed to providing fair and reasonable adjustments for learners to help reduce the effect of a disability or difficulty that places the learners at a disadvantage during an assessment. For more information on Reasonable Adjustments, please see our Reasonable Adjustments and Fair Access Policy.

Responsibilities

Assessor

It is important to note, that to assess qualification content, the assessor must be occupationally competent to assess skills-based competence and/or occupationally knowledgeable to assess knowledge-based content.

Assessors who deliver NQual qualifications must possess a qualification appropriate for the level they are delivering. Examples of these can include at least one of the following:

- D32 Assess Candidate Performance and D33 Assess Candidate Using Differing Sources of Evidence
- A1 Assess Candidate Performance Using a Range of Methods and A2 Assessing Candidates' Performance through Observation
- Level 3 Award in Assessing Competence in the Work Environment (for competence/skills learning outcomes only)
- Level 3 Award in Assessing Vocationally Related Achievement (for knowledge learning outcomes only)
- Level 3 Certificate in Assessing Vocational Achievement
- HEI Certificate in Education
- Qualified Teacher Status Certificate in Education in Post Compulsory Education (PCE)
- Post Graduate Certificate in Education
- Teaching Certificate in Teaching in the Lifelong Learning Sector (CTLLS)
- Diploma in Teaching in the Lifelong Learning Sector (DTLLS)
- L&D9DI - Assessing workplace competence using Direct and Indirect methods (Scotland)
- L&D9D - Assessing workplace competence using Direct methods (Scotland)
- Level 4 Certificate in Education and Training
- Level 5 Diploma in Education and Training
- Level 3 Learning and Skills Assessor Apprenticeship

- Level 5 Learning and Skills Teacher Apprenticeship

Examples of evidence for subject knowledge can include:

- Qualification at the same level or above, the qualification you are delivering
- Extensive experience at the same level or above, the qualification you are delivering

Internal Quality Assurer

Centre staff who complete Internal Quality Assurance for NQual qualification must possess or be working towards a relevant qualification. Examples of these can include at least one of the following:

- D34 Unit **Internally verify the assessment process**
- V1 Verifiers Award
- Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice or
- Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice

Examples of evidence for subject knowledge must include at least one of the following:

- Qualification at the same level or above, the qualification you are quality assuring
- Extensive experience at the same level or above, the qualification you are quality assuring

MANDATORY UNITS

Unit Breakdown: Level 3 Diploma in Beauty Therapy

Learners must complete all mandatory units for this qualification.

Unit: Health and Safety Practices in the Workplace

Unit Code: A/651/2850

Level: 2

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand health and safety practices in the workplace	1.1 Describe your responsibilities for health and safety as defined by any specific legislation covering your job role 1.2 Explain the local authority's rules and conditions, licensing and/or registration requirements for yourself and your premises 1.3 Explain why you must comply with ethical practice and work within legislative requirements 1.4 State the importance to comply with a professional code of conduct in the workplace, in accordance with organisational policies and procedures 1.5 Describe how and when to seek further advice and support outside the practitioner's remit, regarding compliance with data legislation • Compliance with data legislation 1.6 Describe how to carry out a risk assessment and controls to be implemented 1.7 Describe how and why you must comply with infection prevention and control procedures 1.8 State the use of hard surface disinfectants, and explain the chemical compositions and associated risks with using them 1.9 Describe how the contact times of hard surface disinfectants impact the effectiveness 1.10 Explain the causes and risks of microbial contamination and methods of infection prevention 1.11 State the use of skin disinfectants, and explain: • The chemical compositions • Associated risks with using • The impact on the pH scale and barrier function • How contact times impact the effectiveness 1.12 Explain the legislative, organisational and manufacturer safety instructions for equipment, materials and products, in relation to: • Storage • Handling

	• Usage • Disposal • Record keeping
2. Understand the importance of a positive work environment	2.1 Identify the legislative requirements for waste disposal 2.2 Explain the causes, hazards of accidental exposure to clinical waste and state how to respond 2.3 Explain the legislative and organisational requirements for the individual's protection, preparation, dignity and privacy 2.4 Describe how safe positioning techniques and working practices can prevent work related injury and ill health 2.5 Explain the importance of ensuring the working environment is in line with legislative requirements, in relation to: • Lighting and illumination • Heating • Ventilation • Fixtures, fittings and equipment • Facilities and amenities • Audit and accountability 2.6 Explain the hazards and risks associated with working environment, equipment, materials, products and the controls to be implemented 2.7 Describe the range of environmental and sustainable working practices 2.8 Describe your current insurance and indemnity requirements, relevant to the procedure 2.9 Describe why you must source equipment and products compliant with legislative requirements and manufacturer instructions, to: • Ensure products sourced are for cosmetic use • Avoid the risk of toxicity 2.10 Outline the legislative requirements for tests prior to procedures, taking into account: • The purpose of tests • How and when to carry out tests 2.11 Explain the audit and accountability of working practices and procedures 2.12 Describe the reasons for adhering to the <i>*service protocol *</i> 2.13 Explain your responsibility and the reporting procedures for suspected malpractice 2.14 Explain your own physical and psychological wellbeing and how this may impact on being able to provide a procedure safely

3. Be able to Follow Health & Safety procedures	3.1 Conduct yourself in the workplace in line with health and safety pre, during and post procedure, in accordance with legislation and other relevant regulations, directives and guidelines 3.2 Carry out risk assessment(s) prior to undertaking the procedure 3.3 Record the outcome of the risk assessments 3.4 Implement control methods and take appropriate action 3.5 Apply infection prevention and control measures in accordance with legislation and other relevant regulations, directives and guidelines, including • Universal precautions and standard precautions 3.6 Prepare the working environment in accordance with legislative requirements and organisational policies and procedures 3.7 Prepare and protect yourself and others within the working environment according to legislation, organisational policies and procedures, including: • Personal hygiene • Personal presentation • Personal protective equipment 3.8 Position the individual in accordance with the service protocol 3.9 Use working practices that: • Minimise Fatigue and the risk of injury to yourself and others • Use environmental and sustainable working practices • Minimise risk and maintain the individuals' safety 3.10 Source and select equipment, materials and products to meet the individual's needs, area to be treated and are fit for purpose 3.11 Use equipment, materials and products, in accordance with the service plan, legislative requirements and manufacturer guidance 3.12 Carry out tests to establish suitability for the procedure when required 3.13 Assess and dispose of waste to meet legislative requirements
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Unit Overview:

This unit in health and safety practices in the workplace equips individuals with the knowledge and skills to identify, assess, and control health and safety risks within an organisation.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Risk management plan
4. Infection prevention and control
5. Service plan
6. Informed consent
7. Test outcomes
8. Manufacturer instructions
9. Additional advice and support
10. Data management
11. Pre and post instructions and advice
12. Sustainability
13. Waste management
14. Evidence-base practice
15. Reflective practice

Range

	Portfolio Reference
Health and Safety	
Health and safety legislation, regulations, directives and guidelines	
Local authority legislation, licensing and/or registration schemes	
Environmental protection	
Cosmetic products enforcement	
Safeguarding Policy	
Infection Prevention and Control Procedures	
Aseptic techniques	
Single use items	
Universal precautions	
Standard precautions	

Work Related Injury and Ill Health	
Physical injuries	
Disorders	
Diseases	
Mental Health	
Fatigue	
Environmental and Sustainable Working Practices	
Environmental waste management	
Energy use	
Environmental core practices	
Working to commercial times	
Use bio-degradable and compostable options or products	
Aware of your own and business carbon footprint	

Unit: Anatomy and Physiology for the Face and Body

Unit Code: T/651/2344

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand skin, nails and hair	1.1 Describe the structure of the epidermis and dermis 1.2 Describe the structure of the nail 1.3 Describe the structure of the hair 1.4 Explain the stages of hair growth 1.5 Describe the function of the skin 1.6 Describe the function of the hair 1.1 Describe the function of the nail
2. Understand the skeletal system	2.1 Describe the classification bones 2.2 Identify the position of the bones in the skeletal system 2.1 Describe the function of the skeletal system
3. Understand the muscular system	3.1 Identify the position of the major muscles of the head, neck and body 3.2 Describe the basic function of the major muscles of the head, neck and body
4. Understand the nervous system	4.1 Describe the components of the central nervous system 4.2 Describe the structure of sensory and motor neurones 4.3 Describe the function of sensory and motor neurones
5. Understand the endocrine system	5.1 Identify the structure of the endocrine system 5.2 Describe the function of the endocrine system 5.3 Identify the effects and influences of the endocrine system on the body
6. Understand the respiratory system	6.1 Describe the structure of the respiratory system 6.2 Describe the function of the lungs 6.3 Describe the process of gaseous exchange
7. Understand the cardiovascular system	7.1 Describe the structure of the heart 7.2 Describe the function of the cardiovascular system 7.3 Identify different blood vessels 7.4 Identify the composition of blood

8. Understand the lymphatic system	8.1 Describe the Function of the lymphatic system 8.2 Identify the structure of lymph vessels 8.3 Identify the major groups of lymphatic nodes
9. Understand the digestive system	9.1 Describe the structure of the main digestive organs 9.2 Describe the Function of the digestive system 9.3 Describe the process of digestion

Unit: Provide Body Massage Using Advanced Techniques

Unit Code: Y/651/2057

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of using advanced techniques to provide body massage	1.1 Identify your role and responsibilities in providing advanced body massage treatments and the importance of working within your competence 1.2 Explain the relative and absolute contraindications relevant to the beauty treatment 1.3 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.4 Identify the purpose, use and limitations of advanced body massage treatments, in relation to: • Past and current medical history • Relevant lifestyle profile • Medication and medical conditions • Postural faults and conditions 1.5 Identify the adverse reactions associated with an advanced body massage treatment and explain how to respond 1.6 State the health and safety responsibilities in line with legislation before, during and after the advanced body massage treatment 1.7 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the advanced body massage treatment plan 1.8 Identify the fee structures and treatment options 1.9 State the importance of adhering to the advanced body massage treatment protocol 1.10 Describe how to carry out and interpret pre-treatment tests 1.11 State the frequency of providing advanced body massage treatments and the potential impact on the professional's health and wellbeing, including: • Ways in which risks to health and wellbeing can be avoided • Avoidance of work-related injuries • Maintaining your own personal wellbeing
2. Understand how to provide body massage using advanced techniques	2.1 Explain the importance of maintaining your own posture and stance throughout a massage treatment 2.2 Explain how posture and stance supports the flow and effectiveness of the treatment

	2.3 Describe how to maintain the individual's comfort and care throughout the treatment in accordance with the advanced body massage 2.4 Describe how the environment promotes calming or stimulation of the multisensory perceptions of the body 2.5 Explain the importance of carrying out a body and skin analysis to determine the treatment plan 2.6 Explain why it's important to identify individual's postural faults and conditions and how they can be improved 2.7 Identify the types of hygiene products for the skin and explain the importance of following manufacturer instructions 2.8 Summarise the massage mediums used in advanced body massage and their effects 2.9 Identify the types, benefits and limitations of pre-treatments carried out prior to an advanced body massage treatment 2.10 Explain the types, benefits and limitations of advanced massage techniques and non-thermal hand held tools used within an advanced body massage treatment, including the associated risks and how to respond 2.11 Explain the types and effects of advanced body massage techniques 2.12 Describe how advanced body massage techniques can be adapted to create therapeutic effects 2.13 Describe how to prepare and use products and equipment in accordance with the advanced body massage treatment protocol 2.14 Explain why it is important to explain the treatment process and sensation to the individual 2.15 Explain the importance of monitoring the health and wellbeing of the individual during and post the treatment 2.16 Explain the importance of allowing recovery time for the individual post the advanced body massage treatment 2.17 Identify the expected outcomes of advanced body massage treatments 2.18 Identify the instructions and advice, pre and post the advanced body massage treatment
3. Be able to provide body massage using advanced techniques	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, body and skin concerns, expectations and desired outcomes to inform the advanced body massage treatment plan, to include:

	• Treatment history • Recent activities • Current skincare regime • LiFestyle profile • Alternative treatment options 3.4 ConFirm and agree with the individual, they have understood the proposed advanced body massage treatment, to include: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.5 Obtain and record the individual's inFirmed consent for the advanced body massage treatment in accordance with organisational and insurance requirements 3.6 Carry out a pre-treatment test(s) to determine skin sensitivity 3.7 Prepare the individual's treatment area in accordance with the advanced body massage treatment protocol 3.8 Maintaining the individual's modesty and comfort 3.9 Carry out a skin and body analysis, to include: • Body type classification • Body characteristics • Posture analysis 3.10 Carry out a pre-treatment in accordance with the advanced body massage treatment protocol 3.11 Select a massage medium and tools and equipment to be used in accordance with the advanced body massage treatment protocol 3.12 Apply the massage medium and carry out advanced body massage techniques using application techniques in accordance with the advanced body massage treatment protocol 3.13 Maintaining your own posture and stance 3.14 Check the pressure, rhythm and flow of the massage with the individual, and adapt the manual advanced body massage techniques in accordance with the individual's needs 3.15 Monitor the individual's health, wellbeing and skin reaction throughout the advanced body massage treatment 3.16 Implement the correct course of action in the event of an adverse reaction 3.17 Conclude the treatment in accordance with the advanced body massage treatment protocol, legislative requirements and organisational policies and procedures
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	3.18 Complete the individual's treatment record and store in accordance with data legislation 3.19 Provide instructions and advice to the individual, pre and post the treatment
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Unit Overview:

This unit provides learners with the understanding and skills to confidently provide advanced body massage treatments. The advanced techniques will include the use of non-thermal hand held tools and alternative massage techniques.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Treatment plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Lifestyle Profile	
Genetics	
Diet	
Occupation	
Sleep	
Wellbeing	
Stress level	
Adverse Reactions	
Hyperaemia	
Bruising	
Allergy	
Oedema	
Excessive healing response	
Body Characteristic	
Muscle tone	
Muscle tension	
Hair density	
Sluggish circulation	
Skin classifications	
Skin conditions	
Lax elasticity	
Posture	
Pre-Treatment	
Deep cleanse	
Exfoliation	

Skin warming treatments	
Massage Medium	
Oil	
Cream	
Oil Free	
Powder	
Tools and Equipment	
Skin warming devices	
Non-thermal hand held tools	
Application Techniques	
Hands	
Elbows	
Forearms	
Wrists	
Use of non-thermal hand held tools	
Advanced Body Massage Techniques	
Effleurage	
Petrissage	
Tapotement	
Frictions	
Vibrations	
Pressure point	
Lymphatic drainage	
Deep tissue	
Light touch	
Passive movements	

Work Related Injuries	
Repetitive strain injury	
Postural	
Dermatitis	
Dehydration	
Fatigue	
Therapeutic Effects	
Detoxification	
Stimulating	
Toning	
Relaxation	
Improved sense of wellbeing	
Mild pain relief	
Improve immune function	
Improves neurological function	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Facial Electrotherapy Treatments

Unit Code: M/651/2081

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of Facial electrotherapy treatments	1.1 Identify your role and responsibilities in providing Facial electrical treatments and the importance of working within your competence 1.2 Explain the types of Facial electrical technologies used in Facial treatments and the physiological effects on skin and muscle tissue, including: - Type of current used - Associated risks and how to respond 1.3 Explain the purpose, use and limitations of Facial electrical treatments in relation, including: - Past and current medical history - Treatment history - Skin condition - Relevant lifestyle Factors - Medication and medical conditions - Individual's expectations 1.4 Explain how a skin priming programme and pre-treatment recommendations can benefit the Facial electrical treatment outcomes 1.5 Identify the adverse reactions associated with Facial electrical treatments and explain how to respond 1.6 State the health and safety responsibilities in line with legislation before, during and after the Facial electrical treatment 1.7 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the Facial electrical treatment plan 1.8 State the legal requirements for providing beauty treatments to minors and vulnerable adults 1.9 Identify the fee structures and treatment options 1.10 Explain the importance of adhering to the Facial electrical treatment protocol
2. Be able to consult and plan for Facial electrotherapy treatments	2.1 Describe how to carry out and interpret pre-treatment tests 2.2 Explain the importance of magnification, illumination and preparation of the individual's treatment area when carrying out a skin analysis 2.3 Explain the importance of carrying out a skin analysis to determine the treatment plan and Facial electrical equipment to be used

	2.4 Identify the types of hygiene products for your skin and the importance of following manufacturer instructions 2.5 Summarise the products used in conjunction with facial electrical treatments and the risks associated 2.6 Describe how to prepare and use products and equipment in accordance with the facial electrical treatment protocol 2.7 Identify the types of treatments that could be given in conjunction with, or after, facial electrical treatments 2.8 Explain why it is important to explain the treatment process, equipment noise and sensation to the individual 2.9 Explain the importance of applying a post treatment product, including: • When and why a sun protection factor, post treatment product, is used 2.10 Explain the importance of monitoring the health and wellbeing of the individual during, and post treatment 2.11 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.12 Describe the expected outcomes of facial electrical treatments 2.13 Identify the instructions and advice, pre and post the facial electrical treatment given to individuals
3. Be able to provide facial electrotherapy treatments	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, skin concerns, expectations and desired outcomes to inform the facial treatment plan, including: • Treatment history • Skincare regime • Lifestyle • Alternative treatment options 3.4 Discuss and agree the skin priming programme or recommendations required, prior to the facial electrical treatment 3.5 Confirm and agree with the individual, they have understood the proposed facial electrical treatment, to include: • Expected outcomes • Contra-actions • Allergic reaction • Pre and post treatment requirements • Physical sensation and sound

	3.6 Obtain and record the individual's informed consent for the Facial electrical treatment, in accordance with organisational and insurance requirements 3.7 Carry out a pre-treatment test(s) to determine skin sensitivity 3.8 Prepare and cleanse the individual's treatment area in accordance with the Facial electrical treatment protocol 3.9 Illuminate and magnify the individual's treatment area in accordance with the Facial electrical treatment protocol 3.10 Carry out a skin analysis, to include: • Skin classification • Skin condition • *Skin type * 3.11 Select tools and equipment in accordance with the Facial electrical treatment protocol 3.12 Test the tools and equipment in accordance with the manufacturer instructions and legislative requirements 3.13 Carry out the Facial electrical treatment in accordance with the Facial electrical treatment protocol, including: • Reiterate the treatment sensation and noise created by the equipment to the individual • Use and adapt the equipment, tools and treatment duration according to the Facial electrical treatment protocol 3.14 Monitor the individual's health, wellbeing and skin reaction throughout the Facial electrical treatment 3.15 Implement the correct course of action in the event of an adverse reaction 3.16 Conclude the treatment in accordance with the Facial electrical treatment protocol, legislative requirements and organisational policies and procedures 3.17 Complete the individual's treatment records and store in accordance with data legislation 3.18 Provide instructions and advice to the individual, pre and post the treatment
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Unit Overview:

This unit provides learners with the understanding and skills to confidently provide Facial electrical therapy treatments using the following technologies:

Galvanic

Micro current

- Microdermabrasion
- Low intensity LED light (below 500mW)
- Skin warming devices
- High Frequency (3KHz-30MHz)
- Radiofrequency (3KHz- 300 GHz)

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

- Working environment
- Health and safety
- Infection prevention and control
- Service plan
- Informed consent
- Data management
- Test outcomes
- Manufacturer instructions
- Audit and accountability
- Instructions and advice
- Sustainability
- Waste management
- Evidence-based practice
- Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	PortFolio Reference
Adverse Reactions	
Hyperaemia	
Galvanic burn	
Bruising	
Irritation	
Allergic reaction	
Hyper/hypopigmentation	
Oedema	
Skin Classification	
Fitzpatrick scale	
Phenotype and genotype	
Lancer scale	
Glogau scale	
Skin treatment	
Lax elasticity	
Hyper and hypo pigmentation	
Congested	
Pustular	
Fragile	
Vascular	
Sensitised	
Sensitive	
Dehydrated	
Photo-sensitive	
Photo-aged	

Lack lustre	
Skin type	
Dry	
Oily	
Combination	
Balanced	
Tools and equipment	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	
Tools and Equipment	
Galvanic	
Microcurrent	
Microdermabrasion	
Low intensity LED light (below 500mw)	
Skin warming device	
Radiofrequency (3KHz- 300GHz)	
High-frequency (3KHz-30MHz)	
Lymphatic drainage equipment	
Ultrasonic	
Skin analysis technologies	
Facial Treatments	
Skin analysis	
Skin and skin care product advice	
Facial electrical treatment	

Unit: Body Electrotherapy Treatments

Unit Code: R/651/2343

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of body electrotherapy treatments	1.1 Identify your role and responsibilities in providing body electrical treatments and the importance of working within your competence 1.2 Explain the purpose, use and limitations of body electrical treatment, in relation to: - Past and current medical history - Relevant lifestyle factors - Medication and medical conditions - Individual's expectations 1.3 Identify the adverse reactions associated with a body electrical treatment and explain how to respond 1.4 State the health and safety responsibilities in line with legislation before, during and after the body electrical treatment 1.5 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the body electrical treatment plan 1.6 Identify the fee structures and treatment options 1.7 Explain the importance of adhering to the body electrical treatment protocol
2. Understand how to provide body electrotherapy treatments	2.1 Describe how to carry out and interpret pre-treatment tests 2.2 Explain the importance of carrying out a body and skin analysis to determine the treatment plan 2.3 Identify the types of hygiene products for the skin and the importance of following manufacturer instructions 2.4 Identify the types, benefits and limitations of body electrical technologies and the physiological effects on skin and muscle tissue, including: - Type of current used - Associated risks and how to respond 2.5 Summarise the products used in conjunction with body electrical treatments and the risks associated 2.6 Describe how to prepare and use products and equipment in accordance with the body electrical treatment protocol 2.7 Identify the types of treatment that could be given in conjunction with, or after body electrical treatments

	2.8 Explain why it is important to explain the treatment process, equipment noise and sensation to the individual 2.9 Explain the importance of monitoring the health and wellbeing of the individual during, and post the treatment 2.10 Explain the legislative and regulatory requirements of completing and storing the individual's body electrical treatment records 2.11 Describe the expected outcomes of body electrical treatments 2.12 Identify the instructions and advice, pre and post the body electrical treatment given to individuals
3. Be able to provide body electrotherapy treatments	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Discuss and establish the individual's objectives, body and skin concerns, expectations and desired outcomes to inform the body electrical treatment plan, including: • Treatment history • Recent activities • Current skincare regime • Lifestyle profile • Alternative treatment options 3.3 Confirm and agree with the individual, they have understood the proposed body electrical treatment, including: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation and sound 3.4 Obtain and record the individual's informed consent for the body treatment in accordance with organisational and insurance requirements 3.5 Carry out a pre-treatment test(s) to determine skin sensitivity 3.6 Prepare and cleanse the individual's treatment area in accordance with the body electrical treatment protocol 3.7 Carry out a body and skin analysis, including: • Body type classification • *Body characteristics * 3.8 Select tools and equipment in accordance with the body electrical treatment protocol 3.9 Test the tools and equipment in accordance with the manufacturer instructions and legislative requirements 3.10 Carry out the body electrical treatment in accordance with the body electrical treatment protocol 3.11 Reiterate the treatment process, physical sensation and noise created by the equipment to the individual

	3.12 Use and adapt the equipment, tools and duration of the treatment according to the body electrical treatment protocol 3.13 Monitor the individual's health, wellbeing and skin reaction throughout the body electrical treatment 3.14 Implement the correct course of action in the event of an adverse reaction 3.15 Conclude the treatment in accordance with the body electrical treatment protocol, legislative requirements and organisational policies and procedures 3.16 Complete the individual's treatment record and store in accordance with data legislation 3.17 Provide instructions and advice to the individual, pre and post the treatment
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Unit Overview:

This unit provides learners with the understanding and skills to confidently provide body electrical therapy treatments using the following technologies:

- Electrical Muscle Simulation
- Galvanic
- Microcurrent
- Microdermabrasion
- Low intensity LED light (below 500mW)
- Skin warming devices
- High Frequency (3KHz-30MHz)
- Radiofrequency (3KHz- 300 GHz)
- Lymphatic drainage equipment
- Ultra sonic

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

- Working environment
- Health and safety
- Infection prevention and control
- Service plan
- Informed consent
- Data management
- Test outcomes
- Manufacturer instructions
- Audit and accountability
- Instructions and advice

- Sustainability
- Waste management
- Evidence-based practice
- Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
PortFolio Reference				
Assessor Signature				
Learner Signature				

Range

	PortFolio Reference
Adverse Reactions	
Hyperaemia	
Galvanic burn	
Bruising	
Irritation	
Allergic reaction	
Muscle Fatigue	
Hyper/hypopigmentation	
Body Characteristics	
Muscle tone	
Muscle tension	
Hair density	
Sluggish circulation	
Skin classification	

Skin condition	
Lax Elasticity	
Posture	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	
Tools and Equipment	
Electrical muscle stimulator	
Galvanic	
Microcurrent	
Microdermabrasion	
Low intensity LED light (below 500mw)	
Skin warming device	
RadioFrequency (3KHz- 300GHz)	
High-Frequency (3KHz-30MHz)	
Lymphatic drainage equipment	
Ultrasonic	

Unit: Provide Basic Business Support and Services

Unit Code: J/651/2863

Level: 3

Learning Outcomes To achieve this unit a learner will:	Assessment Criteria Assessment of these outcomes demonstrates a learner can:
1. Understand and be able to assist in promoting products and services	1.1 Explain the importance of providing clear information when dealing with customer enquiries 1.2 Describe how to plan a promotional event/display/social media post 1.3 Describe how to promote and inform customers of promotions 1.4 Carry out stock take, re-stocking, stock rotation and maintenance 1.5 Record orders following the organisation's policies and procedures 1.6 Identify and resolve, where possible, any discrepancies which you cannot resolve to the relevant person for action 1.7 Research and assist with purchasing products, tools and equipment in accordance with legislation and regulatory guidelines 1.8 Check off a delivery ensuring all items have been received and are of good condition
2. Understand and be able to maintain the reception and attend to customers	2.1 Identify your organisation's procedures for: - Maintaining the reception/virtual reception - Customer care 2.2 Explain the limits of your authority when maintaining the reception/virtual reception 2.3 Describe how to maintain and rotate stock to meet the organisational requirements 2.4 Explain manual and digital booking services and technologies and who to refer software issues too 2.5 Explain the importance of maintaining customer confidentiality and data protection in accordance with legislative requirements 2.6 Explain the cyber security required in accordance with data legislation 2.7 Describe how to follow requirements set out within risk assessments 2.8 Describe how to update social media accounts and create promotional posts 2.9 Explain the importance of effective communication has on the business reputation and success

	2.10 Describe how and when to ask questions 2.11 Explain the importance of speaking clearly in a way that promotes understanding 2.12 Describe how to show you are listening closely to what people are saying to you 2.13 Describe how to adapt what you say to suit different situations 2.14 Describe how to show positive body language 2.15 Identify the organisation's procedures and limits of authority for: • Maintaining confidentiality • Taking messages • Making and recording appointments • Carrying out tests • Authorising non-cash payments when these are 'over limit' • Personal safety • Dealing with suspected fraud • Dealing with payments and discrepancies • Reconcile credit notes and purchase ledger 2.16 Explain the importance of confirming and making appointments correctly 2.17 Identify the types of information required to make an appointment 2.18 Explain the importance of taking messages and passing them on to the right person in a timely manner 2.19 Describe who to refer to with different types of enquiries 2.20 State the person in your organisation to whom you should refer problems or issues that arise 2.21 Explain the importance of checking that customers have had tests for specific services 2.22 State the services available and their duration and cost 2.23 State the products available for sale and their cost 2.24 Explain the importance of maintaining customer interest through promotional activities and new technologies 2.25 Describe how to balance giving the correct amount of attention to individual customers whilst maintaining a responsibility towards other customers in busy trading periods 2.26 Update social media accounts under the direction of a senior member of staff 2.27 Follow/carry out risk assessments in accordance with legislative requirements and organisational policies and procedures
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	2.28 Explain the digital payment portals, associated risks in accordance with legislative requirements and organisational policies and procedures 2.29 Explain the common methods of calculating payments including point of sale technology and physical calculations 2.30 Describe how to keep cash and other payments safe and secure 2.31 Identify the types of payment that you are authorised to accept 2.32 Describe how to gain electronic authorisation for payment cards 2.33 Explain how to identify and deal with discrepancies 2.34 Describe how to deal with customers offering suspect tender or suspect non-cash payments 2.35 Explain the consequences of failure to handle payments correctly 2.36 Attend to people in a polite manner 2.37 Identify the purpose of enquiries 2.38 Confirm appointments informing the relevant person 2.39 Refer enquiries which cannot be dealt with to the relevant person for action 2.40 Record messages and pass them to the relevant person in a timely manner 2.41 Provide clear information 2.42 Give confidential information only to authorised people 2.43 Balance the need to give attention to individuals whilst ensuring others are not left without attention 2.44 Update social media accounts under the direction of a senior member of staff 2.45 In accordance with cyber security and organisational policies and procedures 2.46 Follow/carry out risk assessments in accordance with legislative requirements and organisational policies and procedures 2.47 Deal with all requests for appointments 2.48 Identify customer requirements for the service requested 2.49 Confirm the customer has had relevant tests when scheduling appointments 2.50 Arrange for the customer to have relevant tests, when necessary, within the limits of your own authority 2.51 Schedule appointments in a way that satisfies the customer, the practitioner and ensure the most productive use of commercial time
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	2.52 Confirm that the appointment details are acceptable to the customer 2.53 Record appointment details to meet your organisation's requirements 2.54 Calculate total charges for the customer 2.55 Inform customers of charges 2.56 Visually inspect purchases for condition and quality as they are processed for payment 2.57 Establish the customer's method of payment and acknowledge receipt of payments 2.58 Ensure accepted payments are correct 2.59 Record information about the sale to meet the organisation's requirements 2.60 Gain authorisation for accepting non-cash payments when the value exceeds the limit you are able to accept 2.61 Inform customers when authorisation cannot be obtained for non-cash payments 2.62 Identify and resolve, where possible, any discrepancies **in payments within the limits of your own authority 2.63 Refer payment discrepancies which you cannot resolve to the relevant person for action 2.64 Give the correct change and issue receipts when required by customers 2.65 Follow cash point security procedures at all times 2.66 Identify and report low levels of change in time to avoid shortages
3. Understand and be able to assist with restocking, stock take, ordering and deliveries	3.1 Explain the principles on restocking, maintaining appropriate stock levels, rotating and managing stock, including shelf life and/or expiry dates 3.2 Describe how to record orders following the organisation's policies and procedures 3.3 Describe how to identify and resolve, where possible, any discrepancies which you cannot resolve to the relevant person for action 3.4 Explain the importance of researching and purchasing products, tools and equipment in accordance with legislation and regulatory guidelines 3.5 Describe how to check off a delivery ensuring all items have been received and are of good condition 3.6 Describe how to carry out stationery stock take and order including consultations and customer record cards 3.7 Carry out stock take, re-stocking, stock rotation and maintenance

	3.8 Record orders following the organisation's policies and procedures. 3.9 Identify and resolve, where possible, any discrepancies which you cannot resolve to the relevant person for action 3.10 Research and assist with purchasing products, tools and equipment in accordance with legislation and regulatory guidelines 3.11 Check off a delivery ensuring all items have been received and are of good condition 3.12 Carry out stationery stock take and order including consultations and customer record cards
4. Understand and be able to liaise with the team	4.1 Explain the importance of adhering to scheduled activities, rooming and equipment 4.2 Explain how to deal with problems and who to refer too 4.3 Explain the importance of taking part in meetings 4.4 Describe how to take the minutes for a meeting 4.5 Describe how and when to inform staff members of customer arrival and assist in greeting and completing necessary paperwork 4.6 Explain the importance of being proactive and undertaking duties to help the smooth running of the business. including housekeeping duties 4.7 Take part in meetings 4.8 Take minutes of meetings 4.9 Inform staff members of customer arrival and assist in greeting and completing necessary paperwork 4.10 Undertake duties to help the smooth running of the business including housekeeping duties

Unit Overview:

This unit will provide the learner with the knowledge and skills to be able to provide basic business support and services. The main outcomes for this unit are:

- Assisting with promoting products and services
- Attending and responding to customer enquiries
- Making appointments for services
- Handling payments from customers
- Assisting with stock takes, ordering and deliveries
- Liaising with the team
- Handling paperwork and administrative tasks

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Enquiries	
In person	
By telephone	
Digitally	
Appointments	
In person	
By telephone	
Digitally	
Mobile apps	
Social media	
Methods of Payment	
Cash	
Card	
Banking portal	
Mobile apps	
Social media	
Non-cash payments	
Credit notes	

Unit: Professional Development and Personal Well-being

Unit Code: Y/651/2327

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of professional development within the beauty industry	1.1 Identify your current skillset and areas for improvements, including your strengths and weaknesses 1.2 Produce a professional development plan including SMART targets 1.3 Research and identify career development opportunities 1.4 Stay up to date with industry trends and technological advancements by producing a CPD log
2. Understand how to manage personal well-being when working within the beauty industry	2.1 Define the term 'personal well-being' 2.2 Identify common workplace stressors in the beauty industry 2.3 Explain the impact of stress on well-being and professional performance 2.4 Describe various stress management techniques 2.5 Explain healthy coping mechanisms for workplace stress 2.6 Explain the importance of a healthy lifestyle including, balanced diet, physical activity and healthy sleep habits 2.7 Identify the benefits of good posture 2.8 Describe the impacts of poor posture on the body
3. Understand the importance of evaluation and self-reflection	3.1 Define the term 'reflective practice' 3.2 Explain different ways in which you can reflect on your practice 3.3 State the purpose of reflective practice and evaluation and how it informs future services
4. Be able to use reflective practice	4.1 Use reflective practice to evaluate different treatments and services and take appropriate action to improve in the future

OPTIONAL UNITS

Unit: Nail Art

Unit Code: A/651/2067

Level: 2

Learning Outcomes To achieve this unit a learner will:	Assessment Criteria Assessment of these outcomes demonstrates a learner can:
1. Understand the principles and techniques of basic nail art	1.1 Explain your role and responsibilities in performing nail art service and the importance of working within your competence 1.2 State why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the importance of engaging in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Outline the anatomy and physiology relevant to this standard 1.5 Explain the relative and absolute contraindications relevant to the nail treatment, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.6 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.7 Explain the purpose, use and limitations of nail art services, in relation to: - Nail and skin condition - Length and shape of the nail - Relevant lifestyle factors - Individual's expectations 1.8 Describe the natural nail shapes and how they can impact the nail art service 1.9 Explain the importance of adhering to the nail art service protocol
2. Understand how to prepare and provide nail art services	2.1 Describe the methods used to prepare the nails for nail art application 2.2 Describe the types of hygiene products for the skin and the importance of following manufacturer instructions 2.3 Explain the types, benefits and limitations of nail art products and tools used in nail art services, to include:

	• The risks associated with allergens and ingredients that could cause harm • The reasons for only using cosmetically approved products 2.4 Outline the treatments that can be given in conjunction with a nail art service 2.5 Explain how to prepare and use nail art products and tools in accordance with the nail art service protocol 2.6 Explain why it is important to clean and dry the natural nail prior to applying a nail finish 2.7 Outline the adverse reactions associated with nail art services and how to respond 2.8 State the health and safety responsibilities in line with legislation before, during and after the nail art service 2.9 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the nail art service plan 2.10 State the legal requirements for providing nail services to minors and vulnerable adults 2.11 Outline the fee structures and service options 2.12 Explain the legislative and indemnity requirements of gaining signed, informed consent for the nail art service 2.13 Explain the importance of monitoring the health and wellbeing of the individual during and post the service 2.14 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.15 State the legislative and regulatory requirements of completing and storing the individual's nail art service records 2.16 Explain the expected outcomes of nail art services 2.17 Explain the purpose of reflective practice and evaluation and how it informs future services 2.18 Explain the importance to record the outcome and evaluation of the nail art service 2.19 Outline the instructions and advice pre and post the nail art service
3. Be able prepare for and provide nail art services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, expectations and desired outcomes to inform the nail art service plan, to include:

	- Alternative service options 3.4 Explore a variety of nail art designs using visual aids with the individual 3.5 Confirm and agree with the individual, they have understood the proposed nail art service, to include: - Contra-actions - Adverse reactions 3.6 Obtain and record the individual's informed consent for the nail art service 3.7 Prepare the nail surface for the nail art design in accordance with the nail art service protocol 3.8 Select and prepare the nail art tools and products in accordance with the nail art service protocol 3.9 Apply the nail art using nail art techniques to fulfil the nail art design in accordance with the nail art service protocol 3.10 Finish the nail art design, leaving the cuticle and nail wall free from product 3.11 Ensure that the result is to the individual's satisfaction and meets the agreed design plan 3.12 Monitor the individual's health, wellbeing and skin reaction throughout the nail art service 3.13 Implement the correct course of action in the event of an adverse reaction 3.14 Conclude the service in accordance with the nail art service protocol, legislative requirements and organisational policies and procedures 3.15 Complete the individual's service records and store in accordance with data legislation 3.16 Provide instructions and advice given to the individual, pre and post the service 3.17 Record the outcome and evaluation of the nail art service
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Unit Overview:

This unit will equip learners with the knowledge and skills to offer a range of nail art techniques.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Considered Adverse Reactions	
Allergic reaction	
Discolouration of the product	
Discolouration of the nail plate	
Discolouration of the nail bed	
Thinning of the nail plate	

Cuts and abrasions	
Overexposure	
Lifting of the product	
Worked with Different Nail Shapes	
Round	
Oval	
Square	
Squoval	
Coffin	
Almond	
Stiletto	
Worked with Different Nail Length	
Long	
Mid-length	
Short	
Used Different Techniques	
Striping	
Dotting	
Marbling	
Freehand painting	
Stamping	
Used a Variety of Nail Art Products (at Least 5)	
Chrome	
Pigments	
Foil	
Glitters	
Jewels	

Decal	
Stamping plate	
Wraps	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Ear Piercing

Unit Code: D/651/2068

Level: 2

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of providing ear piercing services	1.1 Outline your role and responsibilities in providing ear piercing services and the importance of working within your competence 1.2 Explain why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities and required registration under local authority licensing regulations for yourself and your premises 1.3 Explain the importance of engaging in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Outline the anatomy and physiology relevant to this standard 1.5 Describe the *basic structure of the ear * 1.6 State the relative and absolute contraindications relevant to the ear-piercing service, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.7 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.8 Explain the purpose, use and limitations of ear-piercing services, in relation to: - Past and current medical history - Prior ear-piercing services - Relevant lifestyle factors - Medication and medical conditions - A history of allergies to metal - Individual's expectations 1.9 State the adverse reactions associated with an ear-piercing service and how to respond 1.10 State the health and safety responsibilities in line with legislation before, during and after the ear-piercing service 1.11 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the ear-piercing service plan, to include: - Physical sensation - Expected healing process and duration

	• Post instructions and advice • Associated risks from lobe piercings and/or flat cartilage piercings 1.12 Outline the importance of carrying out an ear analysis, to include: • Identifying and carrying out adaptations required to the ear-piercing service 1.13 Outline the fee structures and treatment options 1.14 State the legislative and indemnity requirements of gaining signed, informed consent for the ear-piercing service 1.15 Describe the storage, handling, usage and disposal of ear-piercing equipment and single use earrings in accordance with manufacturer instructions and legislative requirements
2. Understand how to prepare and provide ear piercing services	2.1 Explain the importance of adhering to the ear-piercing service protocol 2.2 Describe the types of hygiene products for the skin and the importance of following manufacturer instructions 2.3 Describe the different size and types of earrings available 2.4 Explain the types of ear-piercing equipment, materials and products used in ear piercing services 2.5 Explain how to prepare and check the equipment in accordance with the manufacturer instructions 2.6 Describe how to load earrings aseptically into the ear-piercing equipment 2.7 Describe the techniques used to carry out ear piercing effectively, to include: • How to position yourself and the individual • How to manually support each ear during the ear-piercing service 2.8 Explain the implications of premature removal of the equipment immediately post the ear-piercing service 2.9 Outline the reasons for hygienically rotating the studs during the healing process and how often this should be carried out 2.10 Describe how the healing processes and durations differ with each skin classification 2.11 Explain how keloid scarring occurs 2.12 Explain the risks associated with premature removal of earrings, and why earrings shouldn't be removed until the healing process is complete 2.13 Outline the importance of monitoring the health and wellbeing of the individual during, and post the treatment

	2.14 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.15 State the legislative and regulatory requirements of completing and storing the individual's ear-piercing service records 2.16 Describe the expected outcomes of an ear-piercing service 2.17 Explain the importance to record the outcome and evaluation of the ear-piercing service The instructions and advice, pre and post the ear-piercing service
3. Be able to prepare for ear piercing services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the ear-piercing service plan, to include: - Individual's treatment area - Prior ear-piercing services 3.4 Confirm and agree with the individual, they have understood the proposed ear-piercing service, to include: - Contra-actions - Adverse reactions - Physical sensation 3.5 Obtain and record the individual's informed consent for the ear-piercing service, post instructions and healing advice in accordance with organisational and insurance requirements 3.6 Prepare the individual and the individual's treatment area in accordance with the ear-piercing service protocol, to include: - Use an effective hygiene preparation product to meet the individual's needs in accordance with the manufacturer instructions 3.7 Carry out an ear lobe and cartilage analysis, to include: - Skin classification - Skin condition - Sufficient surface area - Existing scar tissue - Raised imperfections - Prominent veins 3.8 Mark the ear using a sterile marking tool in accordance with the ear-piercing service protocol, to include:

	Confirm the placement with the individual 3.9 Discuss, agree and select the hypo-allergenic and pre-sterilised earrings 3.10 Prepare individual's treatment area in accordance with the ear-piercing service protocol
4. Be able to provide ear piercing services	4.1 Prepare the equipment in accordance with the ear-piercing service protocol, to include: Loading the earrings aseptically 4.2 Carry out the ear piercing on the individual's treatment area in accordance with the ear-piercing service protocol 4.3 Check the piercing has adequate spacing between the ear and butterfly 4.4 Use a post treatment sterile solution to remove any traces of marking in accordance with the ear-piercing service protocol 4.5 Monitor the individual's health, wellbeing and skin reaction throughout the ear-piercing service 4.6 Implement the correct course of action in the event of an adverse reaction 4.7 Conclude the treatment in accordance with the ear-piercing service protocol, legislative requirements and organisational policies and procedures 4.8 Complete the individual's treatment record and store in accordance with data legislation 4.9 Provide instructions and advice to the individual, pre and post the treatment 4.10 Record the outcome and evaluation of the ear-piercing service

Unit Overview:

This unit will equip learners with the knowledge and skills to offer a range of ear-piercing services including the lobes and upper flat cartilage.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Optional
Date Achieved			
Portfolio Reference			
Assessor Signature			
Learner Signature			

	Portfolio Reference
Considered Adverse Reactions	
Bleeding	
Bruising	
Hyperaemia	
Excessive oedema	
Allergy	

Used All Types of Equipment	
Ear piercing instrument	
Sterile nontoxic skin marker pen	
Sterile ear studs	
Mirror	
Consumables	
Provide all Types of Treatment Advice	
Suitable home care products and their use	
Regular movement of the studs	
Possible contra-actions	
Removal of studs	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Threading Services

Unit Code: F/651/2069

Level: 2

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of threading services	1.1 Outline your role and responsibilities in providing threading treatments and the importance of working within your competence 1.2 Explain why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the anatomy and physiology relevant to this standard 1.4 State the relative and absolute contraindications relevant to the beauty treatment to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.5 Outline the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.6 Explain the purpose, use and limitations of threading treatments, in relation to: - Past and current medical history - Medication and medical conditions - Individual's expectations - Treatment history 1.7 Explain the reasons for cutting long hairs, prior to commencing the threading treatment 1.8 Explain why the therapist requires the individual to support the skin to be taut throughout the threading treatment 1.9 Describe the hair removal methods used to perform safe, quick and effective threading techniques 1.10 Explain the importance of maintaining and adapting the tension of the thread 1.11 Explain the reason why hair is removed against the direction of hair growth 1.12 Describe how threading techniques can be adapted to avoid repetitive strain injury 1.13 Explain why threading using the mouth is a risk to health 1.14 Outline the anatomical facial structure and features to determine symmetry and balance from an eyebrow threading treatment

	1.15 State the adverse reactions associated with a threading treatment and how to respond 1.16 State the health and safety responsibilities in line with legislation before, during and after the threading treatment 1.17 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the threading treatment plan 1.18 State the legal requirements for providing beauty treatments to minors and vulnerable adults 1.19 Outline the fee structures and treatment options 1.20 State the legislative and indemnity requirements of gaining signed, informed consent for the threading treatment
2. Understand how to prepare and provide threading services	2.1 Explain the importance of adhering to the threading treatment protocol 2.2 Describe how magnifying and illuminating the individual's treatment area can support the threading treatment 2.3 Describe the types of hygiene products for the skin and the importance of following manufacturer instructions 2.4 Describe how to prepare and use equipment and products in line with the threading treatment protocol 2.5 Explain the importance of monitoring the health and wellbeing of the individual during and post the treatment 2.6 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.7 State the legislative and regulatory requirements of completing and storing the individual's threading treatment records 2.8 Explain the expected outcomes of threading treatments 2.9 Explain the importance to record the outcome and evaluation of the threading treatment 2.10 Outline the instructions and advice, pre and post threading treatments
3. Be able to prepare for threading services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, hair concerns, expectations and desired outcomes to inform the threading treatment plan, to include: • Treatment history • Alternative treatment options

	3.4 Confirm and agree with the individual, they have understood the proposed threading treatment, to include: • Contra-actions • Adverse reactions 3.5 Obtain and record the individual's written informed consent for the threading treatment 3.6 Prepare the individual's treatment area in accordance with the threading treatment protocol 3.7 Illuminate and magnify the individual's treatment area in accordance with the threading treatment protocol 3.8 Select an effective hygiene preparation product to meet the individual's needs in accordance with the manufacturer instructions and the threading treatment protocol 3.9 Carry out a hair and skin analysis, to include: • Hair classification • Hair growth patterns • Skin classification • Skin condition
4. Be able to provide threading services	4.1 Trim over long hairs if required 4.2 Select and use a sterile piece of thread equipment in accordance with the threading treatment protocol 4.3 Carry out safe and effective manual removal of hair using thread to remove unwanted hair in accordance with the threading treatment protocol, to include: • The individual supporting the skin to be taut during removal • Removing hair in the opposite direction of the hair growth • Apply the correct tension of the thread 4.4 Create a well-balanced, proportioned and defined eyebrow shape to suit the individual's objectives 4.5 Monitor the individual's health, wellbeing and skin reaction throughout the threading treatment 4.6 Implement the correct course of action in the event of an adverse 4.7 Conclude the treatment in accordance with the threading treatment protocol, legislative requirements and organisational policies and procedures 4.8 Complete the individual's treatment records and store in accordance with data legislation 4.9 Provide instructions and advice to the individual pre and post the treatment 4.10 Record the outcome and evaluation of the threading treatment

Unit Overview:

This unit will equip learners with the knowledge and skills to offer threading services to remove unwanted hair from the face and body.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Observation 4
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Hair Removal Methods	
Neck technique	
Hand technique	
Considered Treatment History	
Waxing	
Tweezing	
Threading	
Trimming	
Shaving	
Depilatory Creams	
Electrical depilatory	
Abrasive mitts	
Intense pulsed light	
Laser hair removal	
Electrical epilation	
Alkaline wash	
Dermaplaning	
Considered Adverse Reactions	
excessive oedema	
abrasions	
Broken hair	
Hyperaemia	
Excessive and diminished regrowth	
Allergy	

Treated All Areas	
Face	
Body	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Manual and Spray Tanning

Unit code: K/651/2070

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of providing manual and spray tanning services	1.1 Outline your role and responsibilities in providing manual or spray tanning treatments and the importance of working within your competence 1.2 Explain why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the importance of engaging in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Outline the anatomy and physiology relevant to this standard 1.5 State the relative and absolute contraindications relevant to the beauty treatment, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.6 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.7 Explain the purpose, use and limitations of manual or spray tanning treatments, in relation to: - Past and current medical history - Skin condition - Relevant lifestyle factors - Medication and medical conditions - Individual's expectations 1.8 Explain the importance of tests prior to self-tanning treatment and recording the results in accordance with legislative requirements 1.9 Describe the types of spray or manual tan products 1.10 Explain the active ingredient dihydroxyacetone in tanning solutions and the physiological effects it has on the skin 1.11 Describe how and when to use: - Tanning enhancers - Tanning correctors 1.12 Explain the types of spray tanning equipment, to include: - Handheld spray tan equipment

	1.13 Explain why and how to adjust the pounds per square inch gauge on spray tanning equipment, to include: • Troubleshooting 1.14 Outline the risks associated with the use of pressurised spray tanning equipment 1.15 Describe to prepare, clean, maintain and reassemble spray tanning equipment and associated accessories
2. Understand how to prepare and provide manual and spray tanning services	2.1 Explain the importance of pre-treatment advice and instructions and how it can impact the treatment and outcomes 2.2 Explain the importance of items used for the individual's protection in a manual or spray tanning treatment, to include: • Single use under Footwear • Single use hair nets • Single use undergarments • Tent • Barrier cream • Towels 2.3 Explain the importance of preparing and exfoliating the individual's skin prior to application of tanning solutions 2.4 State the legislative and regulatory requirements of completing and storing the individual's manual or spray tanning treatment records 2.5 Explain the importance to record the outcome and evaluation of the manual or spray tanning treatment 2.6 Outline the instructions and advice, pre and post the manual or spray tanning treatment
3. Be able to prepare for tanning services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include: • Use of appropriate extraction facilities in accordance with legislative requirements 3.3 Discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the manual or spray tanning treatment plan, to include: • Treatment history • Alternative treatment options 3.4 Confirm and agree with the individual, they have understood the proposed manual or spray tanning treatment, to include: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation

	3.5 Carry out a pre-treatment test(s) to determine skin sensitivity 3.6 Carry out a skin analysis, to include: • Skin classification • Skin type • Skin condition 3.7 Obtain and record the individual's informed consent for the manual or spray tanning treatment in accordance with organisational and insurance requirements, to include: • Pre-treatment instructions and advice 3.8 Select an effective hygiene preparation product to meet the individual's needs in accordance with the manufacturer instructions 3.9 Prepare the individual's treatment area in accordance with the manual or spray tanning treatment protocol, to include: • Apply a moisturiser to areas of dry skin in accordance with the tanning manufacturer instructions
4. Be able to provide tanning services	Spray Tanning 4.1 Prepare and use equipment in accordance with the treatment protocol 4.2 Select the appropriate strength of tanning solution to use in the spray tanning equipment in accordance with the treatment protocol 4.3 Test the equipment prior to application to determine appropriate air stream and intensity of tan by adjustment of the pounds per square inch gauge 4.4 Carry out the spray tanning treatment in accordance with the treatment protocol Manual Tanning 4.5 Select the exfoliating product and carry out an exfoliation treatment in accordance with the treatment protocol 4.6 Select the appropriate strength of tanning lotion or cream to use in accordance with the treatment protocol 4.7 Apply the tanning lotion according to the treatment protocol and manufacturer instructions 4.8 Monitor the individual's health, wellbeing and skin reaction throughout the manual or spray tanning treatment 4.9 Implement the correct course of action in the event of an adverse reaction 4.10 Conclude the spray or manual tan treatment in accordance with the manual or spray tanning treatment

	protocol, legislative requirements and organisational policies and procedures 4.11 Complete the individual's treatment records and store in accordance with data legislation 4.12 Provide instructions and advice to the individual, pre and post the treatment 4.13 Record the outcome and evaluation of the manual or spray tanning treatment
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Unit Overview:

This unit will equip learners with the knowledge and skills to offer both manual and spray tanning services.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Observation 4
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Skin Classification	
Fitzpatrick scale	
Lancer Scale	
Skin Type	
Dry	
Oily	
Combination	
Balanced	
Used a Variety of Equipment	
Buffing Mitt	
Compressor	
Spray Gun	
Used a Variety of Products	
Moisturisers	
Exfoliator	
Barrier cream	
Tanning enhancers	
Tanning correctors	
Spray tanning solutions	

Manual tanning solutions	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Provide Body Massage Using Thermal Therapy Techniques

Unit Code: F/651/2310

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of providing body massage using thermal therapy techniques	1.1 Identify your role and responsibilities in providing thermal therapy massage treatments and the importance of working within your competence 1.2 Identify the purpose, use and limitations of thermal therapy massage treatment, in relation to: • Past and current medical history • Relevant lifestyle profile • Medication and medical conditions • Postural faults and conditions 1.3 Identify the adverse reactions associated with a thermal therapy massage treatment and explain how to respond 1.4 State the health and safety responsibilities in line with legislation before, during and after the thermal therapy massage treatment 1.5 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the thermal therapy treatment plan 1.6 Identify the fee structures and treatment options 1.7 Explain the importance of adhering to the thermal therapy massage treatment protocol
2. Understand how to provide body massage using thermal therapy techniques	2.1 Explain how to carry out and interpret pre-treatment tests 2.2 Identify the frequency of providing thermal therapy massage treatments and the potential impact on the professional's health and wellbeing, including: • Ways in which risks to health and wellbeing can be avoided • Avoidance of work-related injuries • Maintaining your own personal well being 2.3 Explain the importance of maintaining your own posture and stance throughout a thermal therapy massage treatment whilst supporting the flow and effectiveness of the treatment 2.4 Explain how to maintain the individual's comfort and care throughout the treatment in accordance with the thermal therapy massage 2.5 State how to ensure the environment promotes calming or stimulation of the multisensory perceptions of the body

	2.6 Explain the importance of carrying out a body and skin analysis to determine the thermal therapy treatment plan 2.7 Explain why it is important to identify the individual's postural faults and conditions and how they can be improved 2.8 Identify the types of hygiene products for the skin and the importance of following manufacturer instructions, including: • Adaptations depending on the individual's treatment area 2.9 Explain the massage mediums used in a thermal therapy massage treatment and their effects 2.10 Explain when it is appropriate to carry out thermal therapy massage without the use of a massage medium 2.11 Identify the types of thermal therapy equipment available, including: • The reasons why thermal therapy should not be used statically on the skin and why constant movements are required 2.12 Identify the types, benefits and limitations of using thermal therapy techniques within a massage treatment, including: • Associated benefits and avoidance of work-related injuries • Associated risks and how to respond 2.13 Identify the types and effects of thermal therapy massage techniques 2.14 Describe how thermal therapy massage techniques can be adapted to create therapeutic effects 2.15 Describe how to prepare and use products, tools and equipment in accordance with the thermal therapy treatment protocol 2.16 Explain why it is important to explain the treatment process and sensation to the individual 2.17 Explain the importance of monitoring the health and wellbeing of the individual during, and post the treatment 2.18 Explain the importance of allowing recovery time for the individual post the thermal therapy massage treatment 2.19 State the expected outcomes of thermal therapy massage treatment 2.20 Identify the instructions and advice, pre and post the thermal therapy massage treatment
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3. Be able to provide body massage using thermal therapy techniques	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Discuss and establish the individual's objectives, body and skin concerns, expectations and desired outcomes to inform the thermal therapy treatment plan, including: • Treatment history • Experience history • Recent activities • Current skincare regime • Lifestyle profile • Alternative treatment options 3.3 Confirm and agree with the individual, they have understood the proposed thermal therapy massage treatment, including: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.4 Obtain and record the individual's informed consent for the thermal therapy massage treatment, in accordance with organisational and insurance requirements 3.5 Carry out a pre-treatment test(s) to determine skin sensitivity 3.6 Prepare and cleanse the individual's treatment area in accordance with the thermal therapy treatment protocol 3.7 Maintain the individual's modesty and comfort 3.8 Carry out a skin and body analysis, including: • Body type classification • Body characteristics • Posture analysis 3.9 Select and prepare the thermal therapy hand held tools and equipment and temperature, in accordance with the thermal therapy treatment protocol, including: • Frequent temperature checks • Adaptations in accordance with the individual's treatment area 3.10 Promote wellbeing by working with the individual's chakra points Massage 3.11 Select and apply the massage medium and carry out the body massage, using thermal therapy techniques, as agreed in the thermal therapy treatment plan, including: • Maintaining your own posture and stance • Using techniques that avoid injury to the individual 3.12 Check the pressure, rhythm and flow of the thermal therapy massage with the individual and adapt the
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	thermal therapy massage techniques in accordance with the individual's needs 3.13 Monitor the individual's health, wellbeing and skin reaction throughout the thermal therapy massage treatment 3.14 Implement the correct course of action in the event of an adverse reaction 3.15 Conclude the treatment in accordance with the thermal therapy massage treatment protocol, legislative requirements and organisational policies and procedures 3.16 Complete the individual's treatment records and store in accordance with data legislation 3.17 Provide instructions and advice to the individual, pre and post the treatment
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Unit Overview:

This unit will provide learners with the understanding and skills to provide body massage using thermal therapy techniques. Thermal therapy equipment includes hand held tools or preparations that emit temperature. They require heating or cooling prior and during the treatment.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

- Working environment
- Health and safety
- Infection prevention and control
- Service plan
- Informed consent
- Data management
- Test outcomes
- Manufacturer instructions
- Audit and accountability
- Instructions and advice
- Sustainability
- Waste management
- Evidence-based practice
- Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

Portfolio Reference	
Lifestyle Profile	
Genetics	
Diet	
Occupation	
Sleep	
Wellbeing	
Stress level	
Adverse Reactions	
Hyperaemia	
Bruising	
Allergy	
Excessive healing response	
Body Characteristics	
Muscle tone	
Muscle tension	
Hair density	
Sluggish Circulation	
Skin classification	
Skin condition	

Lax elasticity	
Posture	
Massage Medium	
Oil	
Cream	
Tools and Equipment	
Handheld tools that require heating	
Handheld tools that require cooling	
Heating equipment and preparations	
Cooling equipment and preparations	
Thermal Therapy Massage Techniques	
Effleurage	
Petrissage	
Friction	
Tapotement	
Pressure point	
Lymphatic drainage	
Use of handheld tools that require heating	
Use of handheld tools that require cooling	
Placement of stones chakra points of the body	
Trigger point, tucking, and tapping	
Instructions	
The individual and practitioner's legal rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Work Related Injuries	
Repetitive strain injury	
Postural	
Dermatitis	
Dehydration	
Fatigue	
Therapeutic Effects	
Detoxification	
Stimulating	
Toning	
Relaxation	
Improved sense of wellbeing	
Mild pain relief	
Improve immune Function	
Improves neurological Function	

Unit: Individual Permanent Lashes

Unit Code: L/651/2071

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of individual permanent lash services	1.1 Outline your role and responsibilities in providing eyelash treatments and the importance of working within your competence 1.2 Explain why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Outline the anatomy and physiology relevant to this standard 1.5 Explain the relative and absolute contraindications relevant to the beauty treatment, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.6 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.7 Explain the purpose, use and limitations of eyelash treatments, in relation to: - Past and current medical history - Relevant lifestyle factors - Medication and medical conditions - Individual's expectations 1.8 Describe the anatomical facial structure and features to determine symmetry and balance from eyelash treatments, to include: - Eye shape and characteristics 1.9 Outline the adverse reactions associated with an eyelash treatment and how to respond 1.10 Explain why lash adhesive should not come into contact with the skin and the risks associated 1.11 Outline the adverse effects on the anatomy and health of the eye and eyelashes from continual eyelash extension treatments or poor maintenance, to include: - When and who to refer 1.12 Describe how humidity can affect the application of individual lashes

	1.13 State the health and safety responsibilities in line with legislation before, during and after the treatment 1.14 Explain the reasons why a contingency plan for safe removal of semi-permanent eyelash extensions is required, to include: The ways in which a contingency plan can be effective and maintain the individual's health and safety 1.15 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the eyelash treatment plan 1.16 State the legal requirements for providing beauty treatments to minors and vulnerable adults 1.17 Outline the fee structures and treatment options 1.18 Outline the legislative and indemnity requirements of gaining signed, informed consent for the treatment
2. Understand how to prepare and provide individual lash services	2.1 Explain the importance of adhering to the eyelash treatment protocol 2.2 Explain how illuminating and magnifying the individual's treatment area can support the eyelash treatment 2.3 Describe the types of hygiene products for the skin and the importance of following manufacturer instructions 2.4 Explain the types, benefits and limitations of the products and equipment used in eyelash treatments, to include: How lifestyle, hair classification and characteristics can affect the selection of products used in an eyelash extension treatment 2.5 Explain the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health 2.6 Explain the importance of identifying the individual's eyelash treatment history 2.7 Describe how to prepare and use products and equipment in accordance with the eyelash treatment protocol 2.8 Explain the importance of monitoring the health and wellbeing of the individual during and post the treatment 2.9 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.10 State the legislative and regulatory requirements of completing and storing the individual's eyelash treatment records 2.11 Describe the expected outcomes of eyelash extension treatments

	2.12 Explain the importance of recording the outcome and evaluation of eyelash treatments 2.13 Outline the instructions and advice, pre and post eyelash treatments
3. Be able to prepare individuals for permanent lash services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, lash concerns, expectations and desired outcomes to inform the eyelash treatment plan, to include: • Treatment history • Alternative treatment options 3.4 Carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions 3.5 Confirm and agree with the individual, they have understood the proposed eyelash treatment, to include: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.6 Obtain and record the individual's informed consent for the eyelash treatment, in accordance with organisational and insurance requirements 3.7 Prepare the individual's treatment area in accordance with the eyelash treatment protocol 3.8 Select an effective hygiene preparation product to meet the individual's needs, in accordance with the eyelash treatment protocol 3.9 Carry out a hair and skin analysis, to include: • Hair classification • Hair condition • Hair growth patterns • Anatomical facial features 3.10 Select and prepare the semi-permanent eyelash extensions in accordance with the eyelash treatment protocol, to include: • Eyelash colour • Eyelash length • Eyelash density/weight • Eyelash curve • Eyelash extension type

4. Be able to apply semi-permanent lashes	4.1 Carry out safe and effective application of semi-permanent individual lashes to natural lashes, in accordance with the eyelash treatment protocol 4.2 Use under eye protection for the lower lashes in accordance with the manufacturer instructions • Isolate single eyelash using an eyelash separating tool • Select eyelash extension using an eyelash tweezer • Apply adhesive to the base of the eyelash extension and secure to the natural lash in the required direction ensuring a gap between the eyelash and eyelid • Effectively remove any excess adhesive and debris throughout the attachment process, minimising any discomfort to the individual • Seal the lashes in accordance with the manufacturer instructions
5. Be able to infill and provide maintenance for semi-permanent lashes	5.1 Carry out safe and effective maintenance of semi-permanent individual lashes, to include: • Prepare the eyelashes by removing make up and contaminants using recommended products, in accordance with the eyelash treatment protocol • Assess the condition of the natural eyelashes to confirm the treatment plan • Isolate, select and replace eyelashes in accordance with the eyelash treatment protocol
6. Be able to remove semi-permanent lashes	6.1 Carry out safe and effective removal of eye lash extensions, avoiding damage to the natural lash, in accordance with the eyelash treatment protocol, to include: • Use solvent as per manufacturer instructions • Ensuring the eyelashes are left clean and dry • Explain the removal contingency plan to the individual, in the event of unforeseen circumstances
7. Be able to monitor all semi-permanent lash services	7.1 Monitor the individual's health and wellbeing throughout the eyelash treatment 7.2 Implement the correct course of action in the event of an adverse reaction, to include: • First aid emergency response 7.3 Conclude the treatment in accordance with the eyelash treatment protocol, legislative requirements and organisational policies and procedures 7.4 Complete the individual's treatment records and store in accordance with data legislation 7.5 Provide instructions and advice to the individual, pre and post the treatment 7.6 Record the outcome and evaluation of the eyelash treatment

Unit Overview:

This unit will equip learners with the knowledge and skills to offer semi-permanent lash services including individual and Russian lashes. Learners will also learn how to offer maintenance services and how to safely remove lash extensions.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	PortFolio Reference
Carried Out All Tests	
Allergy Test	
Skin test for the adhesive used to secure eye shields	
Sample application of 2 or 3 lashes	
Hair Classification	
Straight	
Curly	
Very Curly	
Provided Both Extension Type	
Single lash	
Russian	
Used a Variety of Products and Equipment	
Eye shields	
Individual lashes	
Separating tool	
Tweezers	
Adhesives	
Solvents	
Consumables	
Eye patches	
Premade lash fans	
Micro tape	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	

Restrictions and associated risks	
Future treatments	

Unit: Eyebrow and Eyelash Lifting Services

Unit Code: D/651/3184

Level: 3

Learning Outcomes To achieve this unit a learner will:	Assessment Criteria Assessment of these outcomes demonstrates a learner can:
1. Understand the principles of eyebrow and eyelash lifting services	1.1 Explain your role and responsibilities in providing eyelash and brow treatments and the importance of working within your competence 1.2 State why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Outline the anatomy and physiology relevant to this standard 1.5 Explain the relative and absolute contraindications relevant to the beauty treatment, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.6 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.7 Describe the purpose, use and limitations of eyelash and brow treatments, in relation to: - Past and current medical history - Relevant lifestyle factors - Medication and medical conditions - Individual's expectations 1.8 Outline the anatomical facial structure and features to determine symmetry and balance from eyelash and brow treatments, to include: - Eye shape and characteristics 1.9 State the adverse reactions associated with an eyelash and brow treatment and how to respond 1.10 Outline the health and safety responsibilities in line with legislation before, during and after the treatment 1.11 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the eyelash and brow treatment plan 1.12 State the legal requirements for providing beauty treatments to minors and vulnerable adults

	1.13 Outline the fee structures and treatment options 1.14 Explain the legislative and indemnity requirements of gaining signed, informed consent for the treatment
2. Understand how to prepare and provide eyebrow and eyelash lifting services	2.1 Explain the importance of adhering to the eyelash and/or brow treatment protocol 2.2 Describe the types of hygiene products for the skin and the importance of following manufacturer instructions 2.3 Explain the types, benefits and limitations products and equipment used in eyelash and brow treatments, to include: - How lifestyle, hair classification and characteristics can affect the selection and application of products and equipment used in an eyelash and brow lifting treatment 2.4 Describe how lifting and fixing solutions break and repair disulphide bonds within the hair structure 2.5 Explain the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health 2.6 Explain why fixing and neutralising solutions are removed from the hair with a dry consumable during the treatment 2.7 Explain the importance of identifying the individual's eyelash and brow treatment history, to include: - The incompatibility of combining henna and perming chemicals and its caustic effect on the hair 2.8 Describe how to prepare and use products and equipment in accordance with the eyelash and/or brow treatment protocol 2.9 Explain the importance of monitoring the health and wellbeing of the individual during and post the treatment 2.10 Explain the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements 2.11 State the legislative and regulatory requirements of completing and storing the individual's eyelash and brow treatment records 2.12 Outline the expected outcomes of eyelash and brow treatments 2.13 Explain the importance of recording the outcome and evaluation of eyelash and brow treatment 2.14 Outline the instructions and advice, pre and post eyelash and brow treatments

3. Be able to prepare for eyelash and eyebrow lifting services	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, lash and/or brow concerns, expectations and desired outcomes to inform the eyelash treatment plan, to include: • Treatment history • Alternative treatment options 3.4 Carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions 3.5 Confirm and agree with the individual, they have understood the proposed eyelash and/or brow treatment, to include: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.6 Obtain and record the individual's informed consent for the eyelash and/or brow treatment in accordance with organisational and insurance requirements 3.7 Prepare the individual's treatment area in accordance with the eyelash and/or brow treatment protocol 3.8 Select an effective hygiene preparation product to meet the individual's needs in accordance with the eyelash and/or brow treatment protocol 3.9 Carry out a hair and skin analysis, to include: • Hair classification • Hair condition • Hair growth pattern • Skin classification • Skin condition • Anatomical facial features 3.10 Select and prepare the eyelash and/or brow products in accordance with the eyelash and/or brow treatment protocol
4. Be able to provide eyebrow and eyelash lifting services	eyebrow Lamination Application 4.1 Carry out safe and effective application of semi-permanent brow lifting 4.2 Apply adhesive to the brows to anchor the brow hairs in their new shape in accordance with the treatment protocol

	4.3 Apply the lifting solutions to elevate the brows, leave to develop and remove using a dry consumable in accordance with the treatment protocol 4.4 Apply the neutralising solutions in the elevated position, leave to develop and remove using a dry consumable, in accordance with the treatment protocol 4.5 Trim the brow hairs to the shape agreed in the treatment plan 4.6 Gently release the individual brow hairs from the adhesive in accordance with manufacturer instructions 4.7 Protect the brow hairs with nourishing solution in accordance with the manufacturer instructions Eyelash Lifting Application 4.8 Carry out safe and effective application of semi-permanent eyelash lifting 4.9 Use under eye pads and micro tape to protect the lower lashes in accordance with the treatment protocol 4.10 Apply adequate adhesive to the underside of the curling shields in accordance with the treatment protocol 4.11 Attach the curling shields on the eyelid, close to the eyelash in accordance with the treatment protocol 4.12 Apply adequate adhesive on the surface of the curling shields to anchor the natural lashes in their new shape in accordance with the treatment protocol 4.13 Isolate and lift each eyelash on to the curling shields using eyelash curling tool 4.14 Apply the lifting solutions to elevate the lashes, leave to develop and remove using a dry consumable in accordance with the treatment protocol 4.15 Apply the neutralising solutions in the elevated position, leave to develop and remove using a dry consumable in accordance with the treatment protocol 4.16 Gently release the individual lashes from the curling shields in accordance with manufacturer instructions 4.17 Remove the curling shields, under eye protection and excess adhesive, minimising any discomfort to the individual 4.18 Protect the eyelashes with nourishing solution in accordance with the manufacturer instructions 4.19 Monitor the individual's health, wellbeing and skin reaction throughout the eyelash and/or brow treatment 4.20 Implement the correct course of action in the event of an adverse reaction, to include: • First aid emergency response
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	4.21 Conclude the treatment in accordance with the eyelash and/or brow treatment protocol, legislative requirements and organisational policies and procedures 4.22 Complete the individual's treatment records and store in accordance with data legislation 4.23 Use reflective practice to evaluate the eyelash and/or brow treatment and take appropriate action 4.24 Provide instructions and advice to the individual, pre and post the treatment 4.25 Record the outcome and evaluation of the eyelash and/or brow treatment
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Unit Overview:

This unit will equip learners with the knowledge and skills to offer eyelash lifting and eyebrow lamination services. This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent
6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Observation 4
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Carried Out All Tests	
Allergy Test	
Sensitivity Test	
Hair Classification	
Straight	
Curly	
Very Curly	
Considered Adverse Reactions	
Hyperaemia	
Urticaria	
Abrasions	
Damage to the eye	
Eye irritation	
Oedema	
Eyelash loss	
Blindness	
Allergy	
Used All Products and Tools	
Barrier cream	

Lifting solution	
Neutraliser	
Guards	
Adhesive	
Finishing product	
Micro tape	
Curling shield	
Curling tool	
Instructions	
The individual and practitioner's rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Provide Holistic Head, Neck and Shoulder Massage Treatments

Unit Code: F/651/3185

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of providing holistic head, neck and shoulder massage treatments	1.1 Identify your role and responsibilities in performing head massage treatments and the importance of working within your competence 1.2 Explain how traditional eastern ayurvedic principles and Indian head massage has evolved to incorporate diverse needs of individuals and environment 1.3 Explain how to incorporate these principles in practice and adapt the position of the individual 1.4 Identify the purpose, use and limitations of head massage treatment, relating to: • Past and current medical history • Relevant lifestyle factors • Medication and medical conditions • Individual's expectations 1.5 Identify the adverse reactions associated with a head massage treatment and explain how to respond 1.6 Describe why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the head massage treatment plan 1.7 Identify the fee structures and treatment options 1.8 State the importance of adhering to the head massage treatment protocol
2. Understand how to provide holistic head, neck and shoulder massage treatments	2.1 Describe how to carry out and interpret pre-treatment tests 2.2 State the frequency of providing head massage treatments and the potential impact on the professional's health and wellbeing, including: • Ways in which risks to health and wellbeing can be avoided • Avoidance of *work related injuries * • Maintaining your own personal well being 2.3 Explain the importance of maintaining your own posture and stance throughout a head massage treatment 2.4 Describe how to maintain the individual's comfort and care throughout the treatment, in accordance with the head massage treatment protocol 2.5 Describe how to ensure the environment promotes calming or stimulation of the multisensory perceptions of the body, in accordance with the head massage treatment protocol

	2.6 Explain the importance of carrying out a hair, skin and scalp analysis to determine the head massage treatment plan 2.7 Identify the types of hygiene products for the skin and the importance of following manufacturer instructions 2.8 Identify the massage mediums used in head massage and explain their effects 2.9 State when it is appropriate to carry out head massage without the use of a massage medium 2.10 Identify the types and effects of massage techniques used in head massage treatments 2.11 Explain how head massage techniques can be adapted to create therapeutic effects 2.12 Describe how to prepare and use products and equipment in line with the head massage treatment protocol 2.13 Explain why it is important to explain the treatment process and sensation to the individual 2.14 Explain the importance of monitoring the health and wellbeing of the individual during, and post the treatment 2.15 Explain the importance of allowing recovery time for the individual post the head massage treatment 2.16 State the expected outcomes of head massage treatment 2.17 Identify the instructions and advice, pre and post the head massage treatment
3. Be able to provide holistic head, neck and shoulder massage treatments	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Discuss and establish the individual's objectives, scalp, skin and hair concerns, expectations and desired outcomes to inform the head massage treatment plan, including • Treatment history • Recent activities • Current skincare regime • *Lifestyle profile * • Alternative treatment options 3.3 Confirm and agree with the individual, they have understood the proposed head massage treatment, including: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.4 Obtain and record the individual's informed consent for the head massage treatment in accordance with organisational and insurance requirements

	3.5 Carry out a pre-treatment test(s) to determine skin sensitivity 3.6 Prepare and cleanse the individual's treatment area in accordance with the head massage treatment protocol 3.7 Maintain the individual's modesty and comfort 3.8 Carry out a hair, skin and scalp analysis, including: • Skin type • Skin classification • Skin condition • Hair classification, condition and density • Scalp condition 3.9 Select a massage medium to be used in accordance with the treatment protocol for the: • Face, neck décolleté and upper shoulders • Scalp 3.10 Apply the massage medium and carry out head massage techniques as agreed in the head massage treatment plan 3.11 Check the pressure of the head massage with the individual and adapt the massage techniques in accordance with the individual's needs 3.12 Monitor the individual's health, wellbeing and skin reaction throughout the head massage treatment 3.13 Implement the correct course of action in the event of an adverse reaction 3.14 Complete the individual's treatment records and store in accordance with data legislation 3.15 Provide instructions and advice to the individual, pre and post the treatment
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Unit Overview:

This unit will provide learners with the understanding and skills to provide holistic scalp, Face, neck, décolleté and upper shoulder massage treatments.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

1. Working environment
2. Health and safety
3. Infection prevention and control
4. Service plan
5. Informed consent

6. Data management
7. Test outcomes
8. Manufacturer instructions
9. Audit and accountability
10. Instructions and advice
11. Sustainability
12. Waste management
13. Evidence-based practice
14. Reflective practice

	Observation 1	Observation 2	Observation 3	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Lifestyle Profile	
Genetics	
Diet	
Occupation	
Sleep	
Wellbeing	
Stress level	
Adverse Reactions	
Hyperaemia	
Bruising	
Allergy	

Excessive healing response	
Skin Classification	
Fitzpatrick scale	
Lancer scale	
Phenotype and genotype	
Massage Medium	
Oil	
Cream	
Oil Free	
Massage Techniques	
Effleurage	
Petrissage	
Tapotement	
Friction	
Vibrations	
Pressure point	
Lymphatic drainage	
Adapted pressure	
Eastern ayurvedic techniques	
Work Related Injuries	
Repetitive strain injury	
Postural	
Dermatitis	
Dehydration	
Fatigue	
Therapeutic Effects	
Detoxification	

Stimulating	
Toning	
Relaxation	
Improved sense of wellbeing	
Mild pain relief	
Improve immune function	
Improves neurological function	
Instructions	
The individual and practitioner's legal rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Intimate Waxing

Unit Code: R/651/2082

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand the principles of intimate waxing	1.1 Explain your role and responsibilities in providing waxing treatments and the importance of working within your competence 1.2 Explain why you must comply with ethical practice and work within the legislative requirements, to include: - The responsibilities under local authority licensing regulations for yourself and your premises 1.3 Explain the importance of engaging in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance 1.4 Describe the anatomy and physiology relevant to this standard, to include: - Anatomical structure of *female genitalia* and *male genitalia* 1.5 Outline the relative and absolute contraindications relevant to beauty treatments, to include: - The legislative and insurance requirements for obtaining medical diagnosis and referral 1.6 Explain the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional 1.7 Explain the purpose, use and limitations of intimate waxing treatments, in relation to: - Past and current medical history - Relevant lifestyle factors - Medication and medical conditions - Individual's expectations - Treatment history 1.8 Explain the reasons for cutting stray and over long hairs prior to commencing with the intimate waxing treatment 1.9 Describe the anatomical structure and features to determine symmetry and balance from intimate waxing treatments 1.10 Outline the adverse reactions associated with an intimate waxing treatment and how to respond 1.11 Explain why the therapist must support the skin to be taut throughout the intimate waxing treatment with the assistance of the individual

	1.12 Describe how the position of the therapist and individual effects the treatment outcomes 1.13 State the health and safety responsibilities in accordance with legislation before, during and after the treatment, to include: - The importance to implement a safeguarding policy to protect the individual and therapist - Effective disposal of waxing contaminated waste in accordance with legislative requirements 1.14 Explain why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the intimate waxing treatment plan 1.15 State the legal requirements for providing beauty treatments to minors and vulnerable adults 1.16 Outline the fee structures and treatment options 1.17 Explain the legislative and indemnity requirements of gaining signed, informed consent for the treatment
2. Understand how to prepare and provide intimate waxing	2.1 Explain the importance of adhering to the intimate waxing treatment protocol 2.2 Explain the importance of carrying out a hair and skin analysis 2.3 Describe how to maintain the individual's modesty and comfort throughout the treatment 2.4 Outline the types of hygiene products for the skin and the importance of following manufacturer instructions 2.5 Describe the types of non-strip wax products and wax systems and how they differ regarding: - Ingredients - Working temperatures - Application and removal techniques - Individual's treatment area 2.6 Describe the types and use of shaping templates used in intimate waxing treatments 2.7 Outline the types of intimate waxing treatments available 2.8 Explain the benefits and limitations of products and equipment used in intimate waxing treatments, to include: - How hair and skin classification and the individual's pain tolerance can affect the selection of products and equipment used in an intimate waxing treatment 2.9 Explain the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health 2.10 Outline the congenital, systemic and topical causes of unwanted hair growth

	2.11 Describe the adaptations required when removing hair around conditions which restrict the treatment 2.12 Describe how to prepare and use products and equipment in accordance with the waxing treatment protocol 2.13 Outline the organisational policies and procedures for breaches of the individual's behaviour and code of conduct 2.14 Explain the importance of monitoring the health and wellbeing of the individual during and post treatment 2.15 State the legislative and regulatory requirements of completing and storing the individual's intimate waxing treatment records 2.16 Outline the expected outcomes of intimate waxing treatments 2.17 Explain the importance to record the outcome and evaluation of the intimate waxing treatment 2.18 Outline the instructions and advice, pre and post the intimate waxing treatment
3. Be able to prepare individuals for intimate waxing treatments	3.1 Carry out a concise and comprehensive consultation with the individual 3.2 Maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines 3.3 Discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the intimate waxing treatment plan, to include: • Treatment history • Alternative treatment options 3.4 Carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions 3.5 Confirm and agree with the individual, they have understood the proposed intimate waxing treatment, to include: • Expected outcomes • Contra-actions • Adverse reactions • Physical sensation 3.6 Obtain and record the individual's informed consent for the intimate waxing treatment in accordance with organisational and insurance requirements 3.7 Prepare the individual's treatment area in accordance with the intimate waxing treatment protocol, to include: • The individual's responsibility to ensure the individual's treatment area is sanitised prior to the intimate waxing treatment

	3.8 Carry out a hair and skin analysis, to include: • Hair classification • Hair growth patterns • Skin classification • Skin condition 3.9 Select the wax in accordance with the intimate waxing treatment protocol to include: • Temperature is set in accordance with the manufacturer instructions
4. Be able to provide intimate waxing treatments	4.1 Select and use effective hygiene preparation and pre-wax product to meet the individual's needs in accordance with the intimate waxing treatment protocol 4.2 Carry out safe and effective removal of hair using non-strip wax systems, to include: • Conduct a thermal test patch immediately prior to the waxing treatment on the therapist's wrist and the individual's treatment area • Establish the hair growth pattern and trim long hair, prior to the application of the wax • Transfer the wax from the waxing unit in accordance with legislative requirements to minimise the risk of cross-infection and contamination • Apply the wax at the appropriate angle in accordance with the intimate waxing treatment protocol • Remove the wax swiftly in accordance with the intimate waxing treatment protocol • Ensure the individual's treatment area is left free of wax and hair in accordance with the intimate waxing treatment protocol • Apply a soothing product on to the individual's treatment area in accordance with the intimate waxing treatment protocol • Ensure minimum wastage for sustainability 4.3 Monitor the individual's health, wellbeing and skin reaction throughout the intimate waxing treatment 4.4 Implement the correct course of action in the event of an adverse reaction 4.5 Conclude the treatment in accordance with the intimate waxing treatment protocol, legislative requirements and organisational policies and procedures 4.6 Complete the individual's treatment records and store in accordance with data legislation 4.7 Provide instructions and advice to the individual, pre and post the waxing treatment 4.8 Record the outcome and evaluation of the waxing treatment

Unit Overview:

This unit will equip learners with the knowledge and skills to offer intimate waxing services.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

Service Protocol

15. Working environment
16. Health and safety
17. Infection prevention and control
18. Service plan
19. Informed consent
20. Data management
21. Test outcomes
22. Manufacturer instructions
23. Audit and accountability
24. Instructions and advice
25. Sustainability
26. Waste management
27. Evidence-based practice
28. Reflective practice

	Observation 1	Observation 2	Observation 3	Observation 4
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	PortFolio Reference
Considered treatment history	
Waxing	
Tweezing	
Threading	
Trimming	
Shaving	
Depilatory Creams	
Electrical depilatory	
Abrasive mitts	
Intense pulsed light	
Laser hair removal	
Electrical epilation	
Alkaline wash	
Dermaplaning	
Considered Adverse Reactions	
Bruising	
excessive oedema	
burns	
abrasions	
Broken hair	
Urticaria	
Hyperaemia	
Excessive and diminished regrowth	
Used All Products	
Strip less wax	

Strip wax	
Pre wax oil	
Barrier cream	
Cleansing product	
After wax product	
Completed at Least 2 Services	
Hollywood	
Brazilian (male or Female)	
Bikini	
Instructions	
The individual and practitioner's legal rights and responsibilities	
Pre and post treatment instructions and care	
Restrictions and associated risks	
Future treatments	

Unit: Explore Technological Developments within the Beauty Industry

Unit Code: T/651/2083

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand a range of technological advancements within the beauty industry	1.1 Identify and explain a range of emerging technological advancements within the beauty industry: • Advanced skincare devices (LED light therapy, radiofrequency) • Non-surgical aesthetic treatments (laser hair removal, micro-needling) • Beauty and wellness apps and online tools • Artificial intelligence (AI) applications in beauty (personalised skincare recommendations) • Robotics and automation in beauty services (automated massage chairs) 1.2 Explain the scientific principles behind these technological advancements and their impact on achieving various beauty goals (anti-aging, skin rejuvenation, body contouring) 1.3 Evaluate the benefits and limitations of each technology, considering the: • Effectiveness • Cost • Safety • Potential side effects 1.4 Identify the target audience and potential marker for each technological development 1.5 Identify the ethical considerations surrounding the use of technology in beauty, such as data privacy and unrealistic beauty standards 1.6 Explain ways to stay informed about the latest technological developments within the beauty industry

Unit: Use Social Media to Promote Services and Products

Unit Code: K/651/2864

Level: 3

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand your target audience and how to engage	1.1 Explain who your target audience is 1.2 Explain the products and services that you offer 1.3 Outline the different social media platforms available 1.4 Explain which social media platforms would be the most suitable to promote your products and services 1.5 Outline the legislations and regulations which must be considered when advertising products and services 1.6 Explain how being present on social media may enhance your number of clients 1.7 Describe the difference between a personal and business social media profile
2. Understand how to promote services and products	2.1 Describe the different kinds of content that can make up a social media post 2.2 Explain why you may use client testimonials to promote services 2.3 Describe the potential issues with having a business social media account 2.4 Explain the importance of remaining professional whilst replying to messages or comments on social media 2.5 Explain how to use hashtags to increase post visibility 2.6 Explain the importance of responding promptly and professionally to messages/ comments on social media 2.7 Describe the benefits of paid advertising on social media 2.8 Explain how you may use social media analytics to measure performance and identify trends.
3. Be able to promote services using social media	3.1 Create a business social media profile 3.2 Ensure you follow all business regulation and legislation in creation of this profile 3.3 Identify the aim of your social media post 3.4 Create an image to use to promote products or services 3.5 Use the appropriate social media platform for the content of the post 3.6 Demonstrate the use of hashtags to enhance the audience of the post 3.7 Follow all legislation and regulation in the creation of the post

	3.8 Demonstrate the ability to check the analytics of the social media post 3.9 Reply to a comment or message on social media professionally 3.10 Evaluate how you could improve the engagement of your posts in the future
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Unit Overview:

This unit will equip learners with the skills to create and implement effective social media strategies to build a strong online presence, attract new clients, and enhance brand reputation.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational S

Range

	Portfolio Reference
Created Posts on at Least Two Platforms	
Instagram	
Facebook	
TikTok	
Pinterest	
Promoted at Least Two of the Following	
Products	
Nail service	
Waxing/tinting service	
Availability	
Client testimonial/review	
Used All Types of Content	
Text	
Video	
Image	

Unit: Undertake Freelance Work

Unit Code: H/651/3186

Level: 2

Learning Outcomes <i>To achieve this unit a learner will:</i>	Assessment Criteria <i>Assessment of these outcomes demonstrates a learner can:</i>
1. Understand where to find advice and information for freelance work	1.1 State where to find the relevant sources of advice and information on: • Self-employment or employment legislative requirements and rights • The insurance relevant to your business • Value Added Tax regulations • Business legislation • Local authority licensing regulations for yourself and working environments
2. Understand how to market and network for freelance work	2.1 Outline the strategies and tools used to promote your services and business and their effects 2.2 Explain how to identify and choose suitable strategies and tools to achieve your business objectives 2.3 Explain the importance of maintaining a positive reputation for yourself and how it impacts the success of your business 2.4 Explain the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance. to include: • How this impacts the reputation and success of your business 2.5 Describe how networking effectively can increase your customer contacts and promote work opportunities
3. Understand how to plan for freelance work	3.1 Explain the importance to maintain a work and life balance 3.2 Explain the reasons for forecasting and planning business income objectives, to include: • The time duration to complete the work • Resources required 3.3 Explain how to implement time management strategies and how this will benefit your wellbeing and business 3.4 Describe the common environmental working conditions and how to adapt your ways of working in accordance with legislative requirements 3.5 Outline the importance of maintaining customer satisfaction and how it impacts the success of your business

	3.6 Explain how to carry out contingency planning, scheduling and future planning to maintain a viable and stable business
4. Understand Financing with regards to Freelance work	4.1 Explain how to keep accounts manually and digitally 4.2 Explain how to budget for resources and overheads if required 4.3 Explain how to forecast and calculate business income objectives, to include: • Business development costs • Business promotion • Resources • Expenses
5. Understand how to negotiate contracts for Freelance work	5.1 Explain how to negotiate and agree contracts in accordance with relevant employer legislation, income forecasts, time available and expected outcomes 5.2 Explain how to communicate, agree and construct contractual requirements, to include: • Expected outcomes • Expected completion date • Agreed fees and payment terms 5.3 Explain the relevance and understanding of using an agent to find work and promote your 'brand'
6. Understand how to work with customers in a Freelance capacity	6.1 Describe how to maintain professional standards of behaviour, to include: • Quality standards of yourself and work • Effective time management • Sustainability • Customer relations 6.2 Explain how to adapt ways of working to meet environmental working conditions in accordance with legislative requirements and organisational policies and procedures 6.3 Explain the importance of carrying out services in accordance with contractual obligations, to include: • Providing further estimate of fees should an unforeseeable problem occur
7. Be able to work in a Freelance capacity	7.1 Maintain your responsibilities for health and safety in accordance with legislative requirements, to include: • Carry out risk assessment(s) to generate a lone working policy 7.2 Identify and use appropriate strategies and tools to enhance your professional reputation and promote yourself to potential customers 7.3 Create a personal 'brand'

	7.4 Make, Follow up and maintain contacts with potential customers 7.5 Make, Follow up and maintain appropriate networks to support you and your work, to include: • Digital networking platforms 7.6 Assess the value of your services and estimate fees to consider: • Competition • Market • Economy 7.7 Negotiate and agree fees, timescales, outcomes and completion criteria that meet your own and the customers' requirements 7.8 Calculate realistic schedules of work allowing time for contingencies and minor changes 7.9 Plan, organise and maintain your work schedules to promote a work and life balance, to include: • Provide services to meet legislative requirements and regulatory guidelines • Adapting ways of working to meet environmental working conditions in accordance with legislative requirements • Maintain customer satisfaction • Implementing time management strategies • Calculating and achieving income objectives 7.10 Prepare and update your financial records and accounts for audit and accountability, to include: • Legislative and regulatory requirements 7.11 Maintain professional standards of behaviour and work within your specialism in accordance with the service objectives and environmental conditions 7.12 Use the variety of social media platforms to promote your 'brand'
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Unit Overview:

This unit is designed to equip learners with the skills and knowledge necessary to establish and manage a successful Freelance beauty business, covering a range of business management, and marketing strategies.

This unit was developed by Subject Knowledge Experts and is mapped to the current National Occupational Standard.

	Observation 1	Observation 2	Optional	Optional
Date Achieved				
Portfolio Reference				
Assessor Signature				
Learner Signature				

Range

	Portfolio Reference
Strategies and Tools	
Social media platforms (Instagram, LinkedIn, Facebook, Twitter)	
Media advertising (tv, radio, news, podcasts)	
Literature (business cards, price lists, posters)	
Curriculum vitae	
Biography	
Blogs and websites	



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